



OLA NEWSLETTER NO: 16

15 October 2021

Mary the Mother of God has many titles. This month, the Church celebrates Mary under the title of 'Our Lady of the Rosary'. The Rosary is prayed with beads and has been a Catholic devotional practice for nearly a thousand years.

THE HAIL MARY

*Hail Mary, full of grace,
the Lord is with thee;
blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now
and at the hour of our death.*

Amen.

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Dear OLA Families,

It has been so lovely to hear stories and to see a snippet of the special family times enjoyed over the school holidays. We hope the children enjoyed a break from school work and that our parents enjoyed a break from remote learning too! We hope you received an envelope from us here at OLA with a family Art activity enclosed. Please complete this activity together and bring this in with the eldest child when they return to school over the coming weeks. Our aim is to have a small piece of heART from each family displayed in our Term 4 Art Show which has been moved to Wednesday 24 November. During the break it has been lovely to stay connected and see families celebrating the Melbourne Football Club's Grand Final victory, the OLA Bake Off enthusiasts in action, charity walks and lemon sales to name a few...



Not Long Now...

We hope that our community is excited by the news that all students will finally be returning to school in the coming days/weeks. We appreciate this has been a particularly difficult time for all members of our precious community, and we sincerely 'hope' the roadmap/plan for all schools has provided some much needed certainty for our students, staff and families.

In line with our mandated operational guidelines, we have worked steadily towards a 'return to school' plan, to ensure all aspects have been suitably addressed. From mandated health and safety measures, to prioritising wellbeing and the key academic areas of Mathematics and Literacy, we believe that our staff are prepared and ready to welcome your children back onsite and to do the best they can to support and engage each and every student. Additional teachers, leadership team and LSOs will be in classrooms for the teaching of English and Mathematics; these staff members will conduct one to one and small group explicit teaching sessions in conjunction with the classroom teacher.

Upon their return to school, our priority is to re-establish routines and relationships. We will provide support as the students learn how to navigate the playground and classroom successfully. There will be plenty of opportunities for students to revisit and practise the social skills required to re-establish friendships, play successfully with peers, manage emotions, work collaboratively, take turns and listen to one another.

We understand that we are going to gradually rebuild the children's learning stamina. Sitting and focusing for extended periods is simply not possible from day one, so we can expect to see lots of movement, brain breaks and re-setting before the students can sustain longer periods of learning. Re-establishing healthy relationships/interactions, 'school/class' routines and the social norms of school life after an extended period offsite will take time, so patience and support from all quarters will be encouraged.

COVID-19 vaccination directions for education workers

We thank all our staff at OLA for ensuring they have at least their first vaccination by Monday 25 October and that they are doubly vaccinated by 29 November as per government guidelines. We hope this is reassuring to our community.

The Victorian Chief Health Officer has issued directions for required vaccinations for education workers. These directions are specific to education workers and supersede those for other authorised workers.

An education worker is:

- any person who is employed by an education operator to work in an education facility (including teachers, early childhood educators and educational support staff);
- a person contracted to work at an education facility and who will, or may, be in close proximity to children, students or staff, whether or not engaged by the education operator including casual relief teachers, IT personnel, NDIS providers and auditors (but does not include delivery personnel);
- staff of Melbourne Archdiocese Catholic Schools who attend an education facility (such as allied health personnel);
- staff of any other entity who attends an education facility;
- volunteers that attend an education facility and work in close proximity to children, students or staff (including parent helpers); and;
- students on placements at an education facility.

COVID Plan

Drop off

- Gates open between 8:30am - 8:50am. This will likely be staggered when all students return. We will communicate more information next week.
- Students will need to be dropped off at the school gates. No parent access to school grounds for drop off, (but can for pick up if necessary).
- Kiss and Drop is available (please pull up on the left hand side of the driveway of the car park and we will be there to support your child alight from the car)

If you need to come onsite, please ring the office and we will come outside to meet you and support you. Sorry we are not able to have you come inside at the moment.

Pick up

- Normal pick up at 3:15pm
- Pick up areas remain the same, along the basketball court boundary when collecting in person or collection from the Kiss and Drop Zone at the Main Gate (Zebra Crossing)
- We ask all families to please be mindful of not lingering/congregating in groups after school and to move on quickly
- Unfortunately we are not able to have free play after school which includes the adventure playground, basketball and soccer
- Masks are required for adults inside the school grounds (including all outdoor areas)
- QR Code upon entry into the school building and hand sanitise (No QR code required for simply being outside on the school grounds)

Wellbeing

The wellbeing, particularly the mental health of every student is our highest priority. We will provide support as the children move back to onsite learning here at OLA and learn to navigate the playground and the classroom successfully. This will include a focus on re-establishing relationships. Classroom teachers will revisit the OLA Expectations and re-establish classroom routines in collaboration with the students. Each class will debrief about remote learning and discuss this unique experience.

Health and Safety

- Face masks required by all adults. Students in Grade 3-6 are directed to wear face masks when indoors at school and it is also recommended for students Prep - Grade 2, unless a lawful exemption applies.
- Hand hygiene will continue to be a priority. Students will wash and sanitise their hands throughout the school day, this includes upon arrival, before eating, after play times and whenever entering a new building.
- Furniture will be wiped down each day with hospital grade disinfectant spray.
- Fresh air flow indoors will be promoted with enhanced air ventilation maximised where possible and practical.
- Standard precautions will be adopted when providing First Aid. Gloves will be used when dealing with blood or bodily fluids.
- The school continues to contract a cleaner to thoroughly clean the school building every night, with particular attention to high touch areas as well as a deep clean at the end of each week.
- Any student or staff member who is unwell must not attend school onsite. If a student becomes unwell while at school, parents will be contacted for the student to be collected.
- We thank all our staff at OLA for ensuring they have at least their first vaccination by Monday 25 October and that they are doubly vaccinated by 29 November as per government guidelines. We hope this is reassuring to our community.

Remote Learning Program

To optimise time onsite for wellbeing, learning and teaching of the core curriculum areas, Specialist days will continue to be run remotely. Days may change depending on grade level:

- For Prep students, this will change to a Thursday as of next week.
- For Grade 3 and 4 students, this will also change to a Thursday the week beginning Monday 25 October.
- Specialist Day will remain on a Wednesday for Grade 1, 2, 5 and 6 students.

It is our aim to commence our onsite specialist program as normal from Friday 5 November.

Returning Resources

Please hold on to your resources for now. Due to the mixed nature of remote and onsite learning for the next few weeks, students will be asked to bring back the following items on Friday 5 November:

- Family Art piece for Mrs Hudson
- Pencil case
- Remote learning workbook
- Handwriting book
- Readers/class novels
- Whiteboards (Prep students only)
- Any additional reading material (e.g. library books)
- Chromebooks/iPads and charger (cleaned prior to return)
- Headphones
- Diary

When onsite, students will use the technology and resources that we have available at school.

COVID Safety & Sick Children - Please Stay at Home

We request that any children who show signs of being unwell must remain at home. Parents please note that children will be isolated in the sick bay and we will call parents if we identify that your child is unwell. This protocol is in place for the safety of all children and members of our community.

Out of School Hours Care (OSHC)



OSHC is available for all families who are onsite on a given day. Bookings can be made at <https://www.oshclub.com.au/>.

Families not Returning to OLA in 2022

If your child/ren (Prep-Grade 5) will not be returning to OLA in 2022 please [click here](#) and fill out the form as soon as possible so that we can plan for the year ahead.

OLA School Advisory Council

I take this opportunity to thank our OSAC members for their continued service to our community as active members of Our Lady of the Assumption Parish Primary School Advisory Council.

There will be a couple of vacancies available on OSAC for 2022. We are calling for nominations to fill these positions. Please find attached on page 11, the OSAC Membership Nomination Request, which contains detailed information regarding the role. Also please note the application closing date of Monday 15 November. We look forward to your responses and please contact me if you have any questions.

OLA Parents & Friends 2022

We thank our 2021 P&F and Fete Committees and are only sorry we couldn't do more together this year due to COVID restrictions. Your active support is very much appreciated.

If you would like to be part of helping our school community next year and adding to our wonderful sense of community, please consider joining the 2022 P&F Committee. It is a great way to contribute to the development of the school and meet other parents.

Each year level requires two parent representatives, who are responsible for updating the parents in their year level with important information/reminders, and organising a couple of events throughout the year. For example, the Grade 1 reps host the Morning Tea for new and current families on the first day of school.



Feel free to chat to this year's P&F members if you want some more information or, better still, if you would like to get involved. You can also contact me on principal@olacheltenham.catholic.edu.au.
Kate Morina, Co Chair P&F 2021 at kate.morina@woodsbagot.com or Mel Power, Co Chair P&F 2021 at

Thanks again for your support and commitment to our school community.

STEM MAD Showcase

Congratulations to Mrs Danson, Catherine M, Kara G, Kara S, Mia K and Evelyn W for representing OLA at the MACS STEM MAD Showcase on Thursday 14 October. These students were selected to represent OLA and we are so proud of you all. Your collaboration, creative thinking and problem solving were outstanding. Both teams came away with an award which was the extra icing on the cake. There is a special message from Mrs Danson celebrating this great achievement on page 15.



Prep 2022 Transition

We will provide communication to Prep 2022 families on the dates and times of the transition sessions once we gain full clarity from the Victorian Government and MACS on what is possible.

Prep Applications 2022

Prep applications and enrolment enquiries are always welcome and we are excited to be offering two Prep classes in 2022. As we are not able to have visitors onsite at the moment our next Online School Tour is Monday 15 November at 10.00am.



MACSSIS School Improvement Surveys

This important survey is available online, can be accessed from Thursday 7 October and needs to be completed by Thursday 28 October 2021. We have sent the link to this survey to all our families at OLA and we value your feedback. There are no 'right' or 'wrong' answers and all responses are completely anonymous. We currently have 37 out of 204 families who have completed the family survey.

[2021 School Calendar \(click here for the link to the calendar\)](#)

Key Dates

Key dates and changes to previously scheduled activities and events reflect the requirements within the 'Roadmap'. For the time being, the following activities or events cannot take place for Victorian schools: camps, excursions, school events (graduation), gatherings, assemblies and liturgies. All non-essential meetings will be deferred or held remotely until further notice. These key activities and events will be revised after 5 November in accordance with the Victorian Government's Roadmap. Term 4 is an exciting term and key dates will continue to be confirmed as more information is shared as we begin to re-open here in sunny Melbourne. This is what we know so far:

October

Week 3

| | |
|--------------|-----------------------------------------------|
| Monday 18 | Preps Onsite |
| Tuesday 19 | Preps Onsite |
| Wednesday 20 | Preps Onsite |
| Thursday 21 | Grade 1/2 Onsite |
| Friday 22 | Grade 1/2 Onsite |
| Friday 22 | OLA Assembly Recording shared on Google Drive |

Week 4

| | |
|--------------|------------------------------------------------------------------|
| Monday 25 | Preps Onsite |
| Tuesday 26 | Preps & Grade 3/4 Onsite |
| Wednesday 27 | Preps & Grade 3/4 Onsite |
| Thursday 28 | Grade 1/2 & Grade 5/6 Onsite |
| Friday 29 | Grade 1/2 & Grade 5/6 Onsite |
| Friday 29 | Closing Date for Parents, Students and Staff 2021 MACSSIS Survey |
| Friday 29 | World Teachers Day |

November

Week 5

| | |
|-------------|---------------------------------------------------------------------------|
| Monday 1 | Melbourne Cup Long Weekend Assessment & Reporting Day (Pupil Free Day) |
| Tuesday 2 | Public Holiday - Melbourne Cup |
| Wednesday 3 | Preps & Grade 3/4 Onsite |
| Thursday 4 | Grade 1/2 & Grade 5/6 Onsite |
| Friday 29 | First Day of all students onsite face to face/ Remote learning ceases!! |
| Friday 29 | OLA Assembly Recording shared on Google Drive |
| Friday 29 | Term 4 Working Bee TBC |

Week 6

| | |
|-------------|--------------------------------|
| Thursday 11 | Remembrance Day |
| Thursday 11 | Life Education Sessions at OLA |
| Friday 12 | Life Education Sessions at OLA |

Week 7

| | |
|--------------|----------------------------------------------------|
| Monday 15 | Life Education Sessions at OLA |
| Tuesday 16 | Life Education Sessions at OLA |
| Wednesday 17 | Life Education Sessions at OLA |
| Wednesday 17 | 7.00-8.00pm Grade 6 About Real Life Parent Evening |
| Friday 19 | OLA Assembly Recording shared on Google Drive |

Week 8

| | |
|--------------|------------------------------------------------------------------------------|
| Wednesday 24 | OLA Art Show (<i>At this stage this will be recorded for our families</i>) |
| Friday 26 | Grade 6 About Real Life Session 1 |
| Sunday 28 | First Sunday of Advent |

Week 9

| | |
|------------|-----------------------------------|
| Monday 29 | Grade 6 About Real Life Session 2 |
| Tuesday 30 | Grade 6 About Real Life Session 3 |

December

Week 9

| | |
|------------|-------------------------------------------|
| Thursday 2 | 7.00pm OLA Parents & Friends AGM |
| Thursday 2 | 7.30pm OLA Community Christmas Drinks TBC |
| Sunday 5 | Second Sunday of Advent |

Week 10

| | |
|-------------|---------------------------------------------------------------------------------------------------|
| Tuesday 7 | 2021 End of Year Hip Hop Concert <i>(At this stage this will be recorded for our families)</i> |
| Wednesday 8 | School Closure Day - Handover, Planning and Preparations for 2022 |
| Thursday 9 | Grade 1-6 2022 Orientation (meet new teacher and class for 2022) |
| Thursday 9 | Reports available online |
| Sunday 12 | Third Sunday of Advent |

Week 11

| | |
|--------------|-------------------------------------------------------------|
| Monday 13 | Prep Nativity Play |
| Monday 13 | Last day for Grade 6 |
| Monday 13 | Grade 6 Graduation Assembly, Guard of Honour & Celebrations |
| Tuesday 14 | 2022 New OLA Leaders Assembly |
| Wednesday 15 | Students conclude at 1.30pm |
| Friday 17 | Staff conclude 2021 School Year |
| Sunday 19 | Fourth Sunday of Advent |

Term 4 Grade 6 Celebrations

We will be communicating with Grade 6 families of the planning for our Grade 6 graduation ceremony along with an end of year celebration for our Grade 6 children. We will do our best to ensure that our Grade 6 children are presented with as many of their fun and special activities as we can as we celebrate the conclusion to their 7 years of primary school.

Please note we have not had confirmation on the format or the possibility of the following events taking place: Eucharist, Confirmation, Term 4 Working Bee, Grade 6 Bike Education, Grade 5/6 Beach Program, Prep Transition, Grade 4 Camp Experience Evening, Grade 6 Big Day Out...

We will inform you as we are updated with government guidelines.

Unfortunately we are not able to go ahead with the 2021 OLA Athletics Carnival or the Grade 5 Bike Ed Program but we very much look forward to prioritising these in 2022.

School Closure Dates

Parents please note that the School Closure Days for Term 4, 2021 are listed in the school calendar as Monday 1 November (Melbourne Cup Long Weekend & Reporting/ Assessment) and Wednesday 8 December (Handover and Preparations for 2022).

2022 Key Dates

January

| | |
|-----------|--------------------------------------------------|
| Friday 28 | Staff commence School Year |
| Monday 31 | Student 1 to 1 Learning Interviews with teachers |

February

| | |
|-------------|--------------------------------------------------|
| Tuesday 1 | Student 1 to 1 Learning Interviews with teachers |
| Wednesday 2 | Grade 1 - Grade 6 commence full time |
| Wednesday 2 | Prep Rest Day (All Wednesdays in February) |

March

| | |
|------------|--------------------------|
| Thursday 3 | Preps commence full time |
|------------|--------------------------|

April

| | |
|------------|--------------------|
| Thursday 8 | Last day of Term 1 |
| Friday 9 | Good Friday |

| | |
|--------|----------------------------------------|
| Term 2 | Tuesday 26 April to Friday 24 June |
| Term 3 | Tuesday 11 July to Friday 16 September |
| Term 4 | Monday 3 October to Friday 16 December |

Fees

Thank you to all families who are up to date with school fees. This is a reminder to all families who may have fallen behind with payments to please make sure to attend to this as soon as possible. We are aware of the impact on families of COVID lockdowns throughout the past 18 months and encourage parents to make contact with me if you require support with the payment of school fees. You can also request support by writing to feesupport@olacheltenham.catholic.edu.au

Summer Uniform

Changeover to summer uniform couldn't come at a better time with us enjoying warmer temperatures over the last couple of days. However, should this be challenging after lockdown or tricky to obtain uniforms, students are welcome to wear summer or winter uniforms. We also remind parents that Term 4 has a 'No Hat – No Play' Sunsmart Policy. Children without hats at school will be restricted to the undercover 'quiet' areas. A reminder that girls and boys wear navy socks with their summer uniform and there must be no logos on white sport socks.

Make Sure You Start Counting Down the Days on the Calendar...

We cannot wait to have all the children back at school where they belong. Not long now. Hang in there and know we are so grateful for your support and understanding as we navigate these times. Have a wonderful weekend.

Richard Jacques
Principal

All students attending Our Lady of the Assumption Parish Primary School have the right to feel safe and be safe. The highest possible standard of care, safety and wellbeing of children and young people is a fundamental responsibility of all within our school community.

OLA Building Project

The countdown is on!

We are excited to share the plans for our new Discovery Centre which includes a new library, STEM Makerspace, community space and provisions for more outdoor areas.

We have been told that the building works will commence on Monday 13 December. We are in the process of moving out resources and furniture from these spaces and finding a new home for them. If you any questions or ideas about the building project please refer them to Richard Jacques principal@olacheltenham.catholic.edu.au or Caitlan Taig ctaig@olacheltenham.catholic.edu.au.

Our Lady of the Assumption Parish Primary School Centre for Discovery

smith+tracey architects



Proposed North Elevation



The proposed project at Our Lady of the Assumption Primary School will replace a leaking roof and refurbish the existing staff resource and library building. The proposed works will improve the functionality and quality of the learning facilities for students and families and reinforce the School's love of reading.

All upgraded spaces are designed with contemporary teaching and learning in mind with a connection to the community through a 'community welcome space' for families to meet & gather.

The existing multi-function space will be refurbished to provide a pivotal focal point for flexible learning, including the possibilities of STEM. The proposal provides facilities to support both student and staff with an extended library & learning spaces, work rooms, gathering spaces, a dedicated staff resource space and associated amenities and storage.

Externally, key spaces will be opened up to a covered forecourt, timber deck and outdoor gathering space.

The existing falling roof will be partially replaced with two seamless mono-pitch roofs bridged by high level glazing allowing natural daylight to the interior spaces.

Through this proposal there are exciting opportunities to blur the edges between the traditional library function and other learning areas. The proposed Centre for Discovery, collocates the library and STEM learning programs to create an interconnected, dynamic learning environment enabling students to research and explore ideas.

Plan





Our Lady of the Assumption

Parish Primary School Cheltenham

Our Lady of the Assumption Parish Primary School Advisory Board (OSAC) OSAC Membership Nomination Request

Dear OLA Families,

Your school Advisory Council (OSAC) meets regularly to discuss ways to practically improve the school and to work on school strategies and projects.

OSAC are now calling for member nominations to fill current vacancies. We encourage all parents to consider nominating for one of these important posts. Please note OSAC Membership is purely voluntary and is for a three year term.

ROLE OF OSAC

The School Advisory Council exists to provide a representative structure and actively contributes to the growth and development of the school. the purpose of the OLA School Advisory Council is:

- To ensure the highest possible standard of care, safety and wellbeing of children
- To ensure the Catholic ethos is maintained and nurtured
- To build and sustain relationships and partnerships
- To support the parish priest, the principal and the school leadership team
- To ensure good governance through shared wisdom
- To bear witness to the principle of subsidiarity (decisions made at the local level)
- To serve the entire school community
- To create futures and to consider the big picture
- To seek the optimum learning environment for all students.

MEETINGS

- Approximately 8 meetings per year with additional meetings as required for subcommittee work
- Scheduled at monthly intervals during school terms
- Held on a Tuesday evening from 7.30 pm – 9.00 pm at the School in Cheltenham or currently by Zoom

PRIORITIES FOR THE BOARD

- Child Safety
- Ongoing building refinements
- Sustainability initiatives
- IT & Digital Technologies
- Cyber Safety
- Road Safety
- Health and Safety
- Branding & Marketing
- Website
- Maintenance and works
- Landscaping
- Corporate/grant fundraising
- Enhanced Parish community interaction
- Skills bank
- Subcommittees
- Continuous improvement
- Review supplier contracts
- Other business

APPLICATION PROCESS

Please send an email to Richard Jacques (Principal) on principal@olacheltenham.catholic.edu.au stating your wish to nominate for a seat on the School Advisory Council and a brief outline of your background and areas of interest. Please remember to include contact details in your email. We will consider all applications and the successful candidates will be invited to attend the last School Advisory Council meeting of the year on Tuesday 1 December at 7.30 pm

APPLICATION CLOSING DATE

Monday 15 November.

The School Advisory Council provides an excellent opportunity for you to contribute to the children's educational outcomes and offers a forum enabling you to have your say on the direction of your school. We strongly encourage you to consider this wonderful opportunity to make a difference.

Religious Dimensions



Term 4

For nearly three years now, we have been working on drawing stronger links between our Religious Education (RE) curriculum and Inquiry learning. A key aspect of curriculum design in a Catholic school is to challenge learners to explore and consider deep questions, and big ideas.

An inquiry-based approach to learning invited student voice in shaping their curriculum. Part of their learning is driven by the areas of need within each class and level, as well as the interests of the individual students. Through inquiry-based learning, we aim to instil skills in our students as lifelong learners.

Term 4 - Change

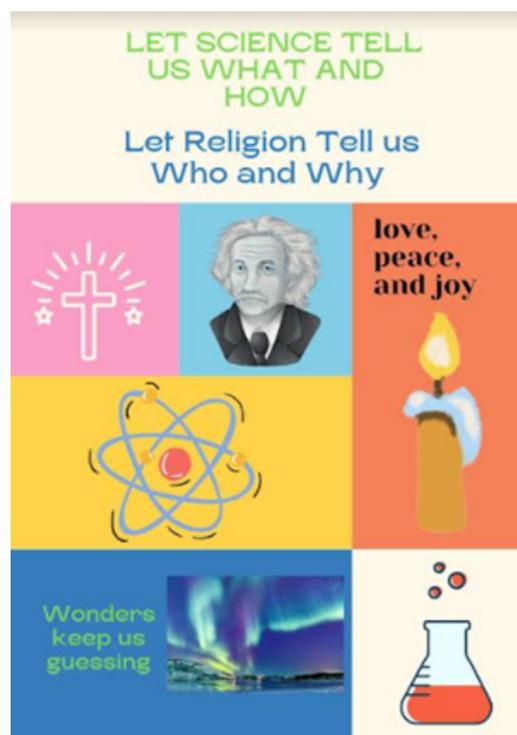
The overarching idea of 'Change' can be interpreted in many different ways.

In Inquiry, we are focussing on Chemical and Physical Science. Students will observe the properties of different materials, explore different states of matter, as well as light and energy sources.



In Religion, we are focussing on the learning descriptors of Morality and Justice. Students will explore Jesus's message to love one another and how we can show this in our actions. Students will explore the concept of fairness and how they can build respectful relationships, respecting the human dignity of each person.

In addition, students are having open dialogue about the relationship between Science and Religion. This can be such a tricky concepts for even adults to understand so we commend them on their mature approach! Below is an example of a poster designed by one of our Grade 6 students, Ava G.



Religious Dimensions



Care For Our Common Home – Links with Wider Parish Community



Every two months, the Parish send out a newsletter linked to the Catholic Social Teaching of Care for Our Common Home. Please see below, a snippet from the most recent newsletter, inviting garden activities and a local walk that could be an active family activity.

Thank you to Adrian and Tony for creating these fantastic links between Church and School.

Habitat Garden at Melaleuca Activity Hub

The garden spaces at Melaleuca Activity Hub, 31 Melaleuca Drive, Clarinda will be updated from Spring 2021 and will include a sample 'habitat garden' to demonstrate garden elements that help support biodiversity and local wildlife. Another section of the garden will be planted as a 'food garden' to demonstrate the variety of native edible plants available in Australia. Click on the link to register your interest in upcoming events.



Silver Banksia, indigenous to Kingston

Caitlan Taig
Religious Education Leader

From the Office

Key enrolment dates for year 6 students in 2022 starting Year 7 in 2023

- **22 October 2021** - Offers will be posted to prospective Year 7 applicants
- **12 November 2021** - Final date for parents/carers to accept offer made by school

Key enrolment dates for year 5 students in 2022 starting Year 7 in 2024

- **28 January 2022** - Applications will open for Year 5 students commencing Year 7 in 2024
- **19 August 2022** - Applications will close
- **21 October 2022** - Offers will be posted to prospective Year 7 applicants
- **11 November 2022** - Final date for parents/carers to accept an offer made by a school



at



BACK TO SCHOOL IN METRO MELBOURNE

| Year Level | Week commencing 18 October | Week commencing 25 October | Week commencing 1 November Please note school closure Monday 1 Nov and Melbourne Cup Public Holiday 2 Nov |
|------------|----------------------------|----------------------------|--------------------------------------------------------------------------------------------------------------|
| Prep | Monday-Wednesday | Monday-Wednesday | ✓ |
| Grade 1/2 | Thursday-Friday | Thursday-Friday | ✓ |
| Grade 3/4 | | Tuesday-Wednesday | ✓ |
| Grade 5/6 | | Thursday-Friday | ✓ |

Returning to school: 6 tips for parents/carers to help children cope



After months of remote learning and a range of COVID19 restrictions, children will be returning to school routines, classrooms, classmates, teachers, expectations and, in some cases, even new school settings. Amid the anticipation and excitement many children are feeling, for some, leaving the home learning routine and environment may create anxiety for a range of reasons including: the ongoing uncertainty of COVID19; social distancing and hygiene measures in place; family circumstances related to health; grief associated with a recent loss; or economic circumstances.

[Special Report: Coronavirus - The Transition Back](#) with advice from Dr Michael Carr-Gregg.

To prepare and support students' return to onsite learning and the school/classroom environment, consider the following tips:

1. Talk to your children about how they feel. It is important to encourage children to discuss their feelings about returning to school. If they feel anxious or worried, help them understand this is perfectly normal, and that you and their teachers are there to support them. Although difficult, try not to share any anxiety you may be feeling with your children. Try to give them a non-judgemental and supportive place to share any worries. Younger children, in particular, may not always have the words to express their feelings, so try to find a way of bringing up the conversation without putting pressure on them – for instance when you're playing with them or going for a walk. This can help them to open up naturally and identify what they're worried about.

2. Support children to understand the school procedures Your school will also have been in touch to explain various procedures in place – such as entry points, break times and hand washing routines. If you haven't received this information or are unsure you should contact your school office. It will be important for your child to understand social distancing and hygiene rules and, importantly, why they are in place. Read school communications with your child and make sure they are prepared and know what to expect when they arrive at school.



3. Familiarise yourself with school procedures You'll need to know where and when to drop children off and pick them up, as well as what parts of the school you can access. If your child travels to/from school independently, including on public transport, you should talk to your child about getting to and from school, including observing the directions of Victoria's Chief Health Officer (ie. social distancing, group gatherings). Your child will be expecting you at the end of the day so make sure you, or whoever is collecting them, are there in the right place at the right time. If your child travels home independently, make sure you, or another carer, is there to welcome them home and check-in about their day.

4. End of day emotions For younger children in particular, a school day can require a lot of self-regulation or compressed behaviour, which can lead to tired and emotional outbursts later on in the day. Given the length of remote learning and new school safety procedures in place, these emotions may be hard to cope with when they return home. It is a good idea to keep this in mind, and allow some time for 'letting off steam' by encouraging children to unwind and play outdoors.



5. Stay informed Given the long absence from school, there may be a period of readjustment. Discuss and affirm familiar routines and school expectations regarding uniform, grooming, attendance and participation to help your child reconnect with their school community. There may be fresh challenges for your child, from working with new classmates and teachers, to coping with their work and school expectations / 'rules'. Try to stay informed about how they are getting on – but if you are concerned, contact the school office about speaking to the class teacher.

6. Sleep and rest Your children may have been getting used to some unusual hours during the remote learning period and that may have extended into the school holidays. Make sure children are getting a good night's sleep for their return to school. It might mean introducing some earlier bedtimes than they have had recently and limiting screen time.



A good night's rest will help them cope with the return to school and the new routines they will be adapting to.



Being safe online

It is important to support our children to be safe online; this website called [eSafety kids](#) is a great way for children to be an eSafety Kid.

There is also a website for parents and carers to help children have safe experiences online called [eSafety for Parents](#). There are webinars to attend and skills and advice.





National Ride2School Day Poster Competition



Win a new BYK bike and helmet Do you love to draw or design? Well, this is your chance to show off those skills. Ride2School is looking for your help to design our poster for National Ride2School Day 2022! We want a poster that celebrates the fun of walking, riding, scooting and skating to school and inspires even more students to get active. The winning poster design will become the official National Ride2School Day poster and be shared in schools across Australia in time for National Ride2School Day on Friday 25 March 2022. Plus – if your design is chosen, you'll win a brand new BYK bike and helmet!

[Click this link for how to enter](#)

Josy Reeder

Learning Diversity/Wellbeing Leader

Teaching and Learning

MELBOURNE
ARCHDIOCESE
CATHOLIC SCHOOLS

MACSSIS

Imagine if, in about 20 minutes,
you could help improve your
child's school.

The MACSSIS family survey is open 7 October – 28 October 2021.



giving kids the smarts to
deal with the hard stuff

[Life Education Complimentary
Parent Session](#)

(Click this link)



FIRE CARRIER *Fun fact!*



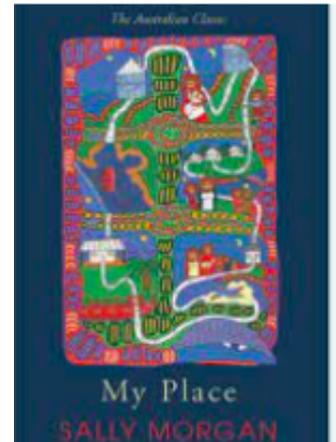
Sally Morgan

Sally Morgan is an Aboriginal artist and author who was born in Perth in January 1951. When her father passed away, Sally was raised by her mother and her grandmother.

When she was very young Sally was very interested in art but she was scared of going to primary school because she didn't want to be separated from her mother. She was also teased by her classmates and scolded by her teacher and she felt that she was not learning a lot. She was skilled in faking illnesses to avoid going to school! Eventually, she started to enjoy school, especially once she had a teacher that she liked.

Sally was told that her family had originated in India. Sally was not told of her Aboriginal heritage until she was 15 years old. Sally got into university and became very interested in learning about her background.

In 1987, Sally wrote an autobiography titled *My Place* about her discovery of her Aboriginal culture and about the Stolen Generation. It sold more than half a million copies in Australia. While researching her family history for *My Place* Sally also rediscovered her childhood interest in art. Sally became a renowned artist, and a print of her work *Outback* was printed as postage stamps in 1993.



Sally Morgan is a great artist and has written many books, including picture books for children. She has won many awards and is a Professor at the Centre for Aboriginal Studies and the University of Western Australia.

References:

<https://kids.britannica.com/>

<http://ia.anu.edu.au>

Kara S

on behalf of the Fire Carriers

VISUAL ART



Our Art Show "Home is where the Art is" will now be held in Week 8 on Wednesday November 24th.



Reminder to please bring the family art activity back to school in the brown paper bag with the eldest child when the children are back onsite. The classroom teacher will be marking your child's name off as it is brought back.

Could the children also please bring back any art work they have created during remote learning when they are back onsite. I would love to display their art pieces at the art show.

Samantha Hudson
Visual Art Teacher



Art 4 School - After School Art Program

The Art 4 School after school art program will be running from week 6 this Term for 5 sessions. They will be held on a Thursday straight after school from 3:15pm-5.00pm in our wonderful art room.

The children will have the opportunity to create a canvas and have fun creating lots of Christmas art.



If your child/ren are interested please email Samantha Hudson samhudson951@gmail.com for cost and information.

Samantha Hudson
Visual Art Teacher

Our Lady Of Assumption OSHClub

Newsletter

October 2021

OSHClub 



What's been happening...

Welcome back to Term 4!

Hello to all our children and their families! We hope you all had a lovely school break and enjoyed your time spent with your children. At OLA OSHClub we had a lot of fun activities during our Holiday Program, the children loved to be back and see their friends after such a long time of being away.

In these past two weeks, we had an amazing time reconnecting with the children and families returning. Unfortunately, we had to cancel our incursions and excursions for this Holiday Program, but we were able to replace these days with some really engaging activities conducted by our wonderful educators.

We run a Science Lab where we made Water Slime, Exploding Cold Bags and Water absorption Tests.

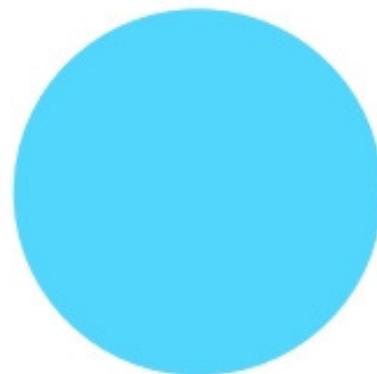
On our Drama Infusion Day, we had our own production of OSH has Talent. The children set up a stage and chairs for the audience, they practiced lyrics from their favourite pop songs and performed in groups.

Lastly at our Back-to-School Party, we created a lucky dip prize basket, we made healthy party food, danced to our favourite tunes and made party hats.

Those are some of our highlights and many many more!

Digital Daily Journal:

More pictures of our projects and Daily Activities can be found on our Digital Journal – Contact us to obtain the Passcode if you don't have it ☺
<https://ourladyofassumptio1.wixsite.com/website>



Mon-Fri: Morning Care: 7am - 9am - Afternoon Care: 3.15pm - 6pm - Holiday Care: 7am - 6pm
0478 100 455
ourladyofassumption@oshclub.com.au

oshclub.com.au
1300 395 735



Coming Up

Oct
12

Superhero Week

Who In your family Is your Superhero?

Oct
27

Children's Day

Theme: Children before everything.

TBC

Colin the Coffee Cart

Come and join us for a morning cuppa!

Special Announcements

OSHClub Rebranded!

As you might have noticed, OSHClub now has a new face. We improved upon our program and services therefore, we needed a makeover. We are super excited to use all the new materials available to us. Feel free to give us some feedback, with what you think.

Quality Area Reflection

Quality Area 5 - 5.2.2: Self - Regulation of emotions.

An area of focus this Term will be the self-regulation of emotions. We expect that some students returning to onsite learning and routines, might struggle to adapt.

We are planning ways to support these children to express and handle their emotions, such as, stress, anxiousness and feeling overwhelmed.

We will include new practices in our routine like the Yarning Circle (an Indigenous practice for family) for our Afternoon Meeting, where we will be discussing the emotions, they experience during their day and ways to identify and solve issues with others.

Club News

Term 4 - Kid's Clubs

During Term 4, we will be revisiting the Kid's Clubs that were initiated during term 3. The children didn't get a chance to explore these clubs due to the lockdowns.

We will reinstate our famous Cooking Masterclass, the Science Lab and of course Moovosity. We will also see if the children have any new interests that can start a new club.

During this Term, planning activities for these clubs, will be turned over to the Young Educators. They will need to come up with their own activities for their clubs and add them to the planner for the week.

We can't wait to see you and all your amazing ideas!



Coordination Corner

A Covid Safe Return...

As mentioned before, we expect the return of onsite learning for students on the days allocated by the school for each Grade. We are already planning for the return of students to OLA OSHClub. All this time we have created a safe setting, starting with us being either fully vaccinated, or at least having the first dose completed, as per industry mandates.

Your child/ren can attend OSHC as soon as they are back onsite! So, please let us know if you need further assistance with bookings and when is the initial day your child will return to OSHC.

We know that many children who were unable to attend onsite schooling may struggle to assimilate back to their routines and we expect that this will also include OSHClub routines, rules, and values.

We are fully prepared to support these children, get them engaged back in our program, provide guidance and positive interactions.

Gratitude Wall

Thank you to Eaden and Harold...

We would like to thank Eaden and his family for sharing some of their lovely succulents from their garden! We have planted these in our garden, and they look so pretty, also thank you for donating the table soccer game, all the children had a go, thank you Ying!



Thank you also to Harold and Wendy, for the yummy chocolates and the lovely message in your card. We are so glad that Harold enjoyed his time here and we are hoping to see him again soon!



Recipe

Choc & Blueberry Muffins

What you'll need:

- 2 cups all-purpose flour
- 2 tsp baking powder
- 1/2 tsp salt
- 2/3 cups dark brown sugar
- 1 3/4 cup almond milk (or milk of your choice)
- 2 eggs
- 1tsp vanilla essence
- 1 cup chocolate chips
- 1/2 fresh blueberries

How to cook that:

Preheat your oven to 190 C. Spray a regular muffin tray with oil.

Sift the flour, baking powder and salt into a bowl. Stir well.

Into a medium sized bowl add your sugar and melted butter. Still till well combined. Then add in your milk, egg and vanilla.

Still till smooth and then transfer to your dry ingredients.

Give it a stir ensuring no large clumps, and everything is smooth.

Fold in your chocolate chips and blueberries.

Using a ladle, scoop the batter into the muffin tray, leaving around 1/2 inch from the top.

Top with choc chips before baking.

Bake for 18 to 20 minutes.

Aaand...enjoy!



ADDITIONAL NOTICES



Applications available on our website:
www.stbedes.catholic.edu.au



St Bede's
College

Contact: Deb Campion
 Phone: 9582 5999
 Email: enrol@stbedes.catholic.edu.au

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*Kilbreda College – a top 10 Victorian Catholic secondary school**

When your daughter becomes a Kilbreda girl, she will be recognised and valued by the diverse and unique gifts she brings to the College and encouraged and supported to develop into a confident and articulate young woman.

We offer an extensive transition program for students entering at Year 7 which supports a smooth and enjoyable transition into the College community.

Limited places available at some year levels for 2022. Please contact our College Registrar, Amanda Hurley on 9581 7766 for further information.

* Based on 2020 VCE results



kilbreda.vic.edu.au

Come and Play Blasters Cricket at Le Page Park C.C.



**JUNIOR
BLASTERS**
 AGES 5-7 | 60 MIN
 6+ WEEKS | MIXED

- Learn ball skills, including catching, throwing and teamwork
- Fun game based activities
- Includes Blasters Pack & Cap
- Both Programs start Mid-November



**MASTER
BLASTERS**
 AGES 7-10 | 90 MIN
 6+ WEEKS | MIXED

- Everyone gets a chance to bat, bowl & field in short modified games of cricket
- For kids with basic cricket skills
- Includes Water bottle, shirt & cap



Le Page Park Cricket Club
 Herald & Argus St's, Cheltenham
playcricket.com.au

Contact: Tim O'Meara
 Mob. 0412 165944
 Email: lepageparkcc@gmail.com



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