



OLA NEWSLETTER NO: 5

1 April 2021

Prayer

Reader: Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

All: Jesus Christ, Lord of all,
Leader: Find your way among us.
All: Stay with us now.

All: Jesus Christ, Lord of all,
Leader: Comfort the despairing.
All: Stay with us now.

All: Jesus Christ, Lord of all,
Leader: Maker of tomorrow ...
All: Stay with us now.

All: Jesus Christ, Lord of all,
Leader: Listen to the anxious.
All: Stay with us now.

All: Jesus Christ, Lord of all,
Leader: Our of love and mercy ...
All: Stay with us now.

Leader: The Lord bless you and keep you.
The Lord make his face to shine upon
you and be gracious to you.
The Lord lift up his countenance upon
you and give you peace.

All: Jesus Christ, Lord of all,
Leader: Sit beside the lonely.
All: Stay with us now.

All: Jesus Christ, Lord of all,
Leader: Do not ever leave us.
All: Stay with us now.

All: Amen.

All: Jesus Christ, Lord of all,
Leader: Even when we doubt you ...
All: Stay with us now.

I Am With You always



Dear OLA Families,

This week is the holiest week of the year for us as a Catholic community. At OLA we have been learning about and thinking about all that Jesus did for us. The children and staff have participated in class activities and prayer services to share this most important story. We wish you all a sacred Holy Week and a hope filled Easter with family, friends, love and laughter. Fr Alan and the Parish Team have shared the times for Highett/Cheltenham Easter Services and they are available on page 8.



OLA Easter Raffle

Thank you to all our families in Grades Prep and 3 who donated Easter activities and eggs for our OLA Easter Raffle. We raised over \$2,200 which will go towards one of the items on our OLA Student/Parent/Staff wish list. Thank you to all our ticket sellers. We have even heard of one child selling up to 80 tickets. Congratulations to our prize winners:

1st: *Zara S*

2nd: *Alessi Family*

3rd: *Pinzone Family*

4th: *Ron & Mary W*

5th: *McLeod Family*



Highlights of Term 1

Students, staff and families, what a start it has been to 2021! The list below is a 'small' representation of moments enjoyed by our community. We are grateful for our:



Welcome Morning Tea and Welcome Picnic
Opening of School Year Mass & Staff Commissioning Mass
Whole school focus on Mathematics in 2021
2 Million Dollar Building Grant
Working Bee #1
School Tours



Georgina Manning Parent Seminar - Confidence & Resilience
Inform & Empower Parent Workshop - Cybersafety
Summer Inter School Sport & Lightning Premiership
Parent Teacher Zoom Meetings
OLA Swim Squad & District/Division/Regionals Championships
Preps In Pyjamas Prayer Night
Perceptual Motor Program (PMP) for our Preps in the Hall
Prep & Grade 6 Buddies Program
Reconciliation Parent/Child Workshop
3 x Reconciliations
Student Representative Council elected and meeting each fortnight
FIRE Carriers Ceremony
Catholic Education Week
Harmony Day
Taekwondo Clinics
Lenten Prayer Services
St John's First Aid Training Sessions
Camp Parent Information Night



Lightning Premiership

We have some excited senior students heading off last Friday morning for the Summer Interschool Sport Lightning Premiership. We are so proud of them all giving their best efforts and being gracious in competition, whether they lost or won. We won three flags and we had many children trying out new and different sports which sees these participants go onto the next stage of competition. As a Principal there is no greater phone call than one that celebrates the sportsmanship and kindness of our students. Congratulations and thank you to all involved. A special mention to the many parents who have volunteered throughout the Summer Inter School Competition and on the Lightning Premiership Day itself.



Parent Workshop



Marty McGauran and Carley McGauran are two awesome people who led our community in how to be safe online. Thank you Marty and Carley for being so down to earth, understanding and relatable. The children, staff and parents loved their sessions and it is pleasing to hear that the content has become part of many a dinner table conversation.

Parent Partnership

One of our school priorities from our 4 year School Improvement Plan is to strengthen parent partnership. We have been working hard at building parent partnerships through the strengthening of the OLA School Advisory Council and the establishment of Parents and Friends (P&F) Association with a new executive and team of class representatives. I thank all members of OSAC and the OLA P&F. It is members of our community like this that help to create moments like our Welcome Picnic on Friday 26 March. Despite being third time lucky, the weather, music and OSHClub led activities for the children all added to make this a memorable, community centred night. Thank you to the many families and staff for coming along and being part of the OLA community spirit.





OLA Fete 2021

We are delighted to announce that the OLA Fete will go ahead on Saturday 13 November. I understand that this special event is one of the favourite days in the OLA Calendar. We look forward to your support of this great event. For more information please refer to page 19.

Regional Swimming Championships

Emily, Keeley, Gemma and Keira are our OLA medal winners from the Southern Metropolitan Regional Swimming Championships. Congratulations! How wonderful to see OLA up in lights at MSAC on Monday as well as these four students on the podium receiving silver and bronze medals!!

Grade 5/6 Learning Walk



On Wednesday our Grade 5/6s completed a gallery walk to see each other's Term 1 Australian History Projects. It was wonderful to see the variety of choice in the children's presentations. Everything from 3D Models to Posters to Google Slide Presentations. Great effort 5/6 Team! This was a great celebration of learning. Thank you for inviting your Prep Buddies and the School Leadership Team to join you.

OLA School Tours

Wednesday 21 April at 9.15am

Wednesday 28 April at 9.15am

Prospective Families are to submit their enrolment applications by **Friday 7 May**.

On Sunday 28 March we had 13 families visit our school and take a tour with members of our Leadership Team and our School Captains. We managed to snap a photo of Gil in action talking about his beloved school. Thank you to the staff for your warmth and welcome as we take school tours. Thank you also for ensuring that your classrooms are looking their best and thank you for ensuring the displays in your classroom are celebrating the work of students and are showcasing the learning that is happening in the classrooms at OLA.



We welcome all new families, friends and neighbours to come along and visit the school on our open days this year. Please let your friends and neighbours know about these dates - the best advertising for our school is YOU! It is wonderful to see our OLA online and local presence boosted. There is a great sense of pride in children (and us!!) connecting the school name, logo and image to the school that we belong to. We have had many families visit our great school and be led on a School Tour by our impressive School Captains and Leadership Team.

Sibling Enrolments

Thank you to all current families who submitted sibling enrolments by today **Thursday 1 April**.

[2021 School Calendar \(click here for the link to the calendar\)](#)

Key Dates - Term 2, Week 1

Monday 19 April	First Day of Term 2 for Staff and Students
Monday 19 April	Easter Alleluia Prayer Service for Students
Tuesday 20 April	Martin Tennant, SafeSmart Solutions working with school on Child Safety practices
Wednesday 21 April	9.15am School Tour
Thursday 22 April	School Closure Day - Professional Learning Day for staff - Direct School Support Mathematics with Melbourne Archdiocese Catholic Schools (MACS)
Friday 23 April	ANZAC Day Prayer Service for students
Sunday 25 April	ANZAC Day

Key Dates - Term 2, Week 2

Monday 26 - Thursday 29 April	Prep-Grade 4 Swimming Program (& Monday 3 May - Thursday 6 May)
Wednesday 28 April	School Tours
Thursday 29 April	6.30pm Grade 3 First Eucharist Parent/Child Workshop
Friday 30 April	Term 2 School Fees Due

Celebrations

It has been wonderful to see our students in Prep to Grade 6 participate in online cybersafety workshops and first aid training over the last couple of weeks of term. It was also great to see our senior students participate in the Aspire Higher Unleashing Personal Potential Leadership Program and our Middle Years students taking part in a Community Walk around Cheltenham today. Our 1/2s have learnt and celebrated friendship and kindness throughout Term 1 and a highlight for them has been a visit from one of our dads Paul (Zarah 1/2CM) who came in and spoke to the children about being a Firefighter. The Children in Grade 1/2 are even more grateful than ever after a learning focus on community this Term. Thank you to all the staff and parents for making these events possible. A big congratulations to our Preps for completing their first 10 weeks of school - their first term!!

Have a wonderful Easter and a well deserved break if you can get one. I think one treat of holidays is that no lunches need to be pre-made!! A huge gift!!

Richard Jacques
Principal



All students attending Our Lady of the Assumption Parish Primary School have the right to feel safe and be safe. The highest possible standard of care, safety and wellbeing of children and young people is a fundamental responsibility of all within our school community.

Religious Dimensions



Holy Week

Holy Week begins on Sunday 28th March. This week includes Palm Sunday, Holy Thursday, Good Friday, Holy Saturday and Easter Sunday. It marks a special time in our church leading up to the resurrection of Jesus.



Palm Sunday

On this day, we recount the entry of Jesus into Jerusalem on a donkey. Many people placed palms and cloaks on the ground to pave his way. Palm Sunday has a bitter-sweet tone. On the one hand the story is upbeat with the crowd joyfully proclaiming Christ as the long promised Messiah, yet by the end of the week, Jesus is crucified.

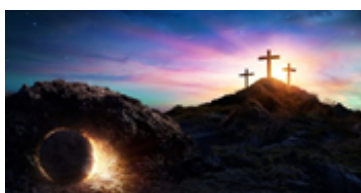


Holy Thursday

On this day, we recount how Jesus washed the feet of the disciples before the Last Supper. At the Last Supper, Jesus shared bread and wine with his disciples, asking them to think of Him. He knew he was about to be betrayed and condemned to death.

Good Friday

Good Friday marks the day God's Son, Jesus, was crucified. It was on this day that Jesus was beaten and tortured because he claimed to be the son of God. A crown of thorns was thrust upon his head. Then, he was forced to carry his own cross to the top of a hill, where he was nailed to the cross.



Holy Saturday

This is the day in between Good Friday and Easter. This day marks Jesus' body being placed in the tomb.

Easter Sunday

This day is all about the resurrection of Jesus. We celebrate Easter to remember the great sacrifice that Jesus made for us in order to save us. Easter Sunday helps us to remember that Jesus came back from the dead. Although he is not physically among us, He is still present in our hearts.

It is because Jesus rose from the dead on a Sunday that Christians call Sunday, "The Day of the Lord" and is the day of the week dedicated to worship.



Religious Dimensions

Holy Week Liturgies - Highett/Cheltenham

Palm Sunday - 27/28 March, 2021

*6pm Saturday; *9am and *11am Sunday

Tuesday 30 March, 2021

9am Mass - St Agnes' Church, Highett

9:30am Individual Reconciliation (after morning Mass) in St Agnes' Memorial Garden

7:30pm Mass of the Holy Oils (Chrism Mass) - St Patrick's Cathedral, East Melbourne

Wednesday 31 March

9:15am Mass - Our Lady of the Assumption Church, Cheltenham

9:45am Individual Reconciliation (following morning Mass) in the OLA Memorial Garden

7pm Penitential Liturgy

Holy Thursday - 1 April, 2021

*7pm Mass of the Lord's Supper - St Agnes' Church, Highett

Good Friday - 2 April, 2021

9am 'The Way of the Cross' - Our Lady of the Assumption Church, Cheltenham

*3pm Solemn Ceremonies (Commemoration of the Lord's Passion) - Our Lady of the Assumption Church, Cheltenham

Holy Saturday - 3 April, 2021

*7pm The Easter Vigil - St Agnes' Church, Highett (Please note the later time)

Easter Sunday - 4 April, 2021

*9am & *11am Masses - Our Lady of the Assumption Church, Cheltenham

As is the Church's liturgical custom there will be no morning Masses on Holy Thursday, Good Friday or Holy Saturday.

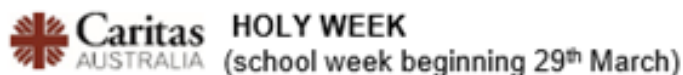
**Due to Covid number restrictions, bookings are essential for the liturgies indicated above:*

<https://www.trybooking.com/BNADH>

Religious Dimensions

Project Compassion

During the season of Lent we raised money for Caritas Australia's Project Compassion. A HUGE thank you to all the families and students who donated during this time.



As we enter Holy Week, we continue to reflect on the lives of people vulnerable to extreme poverty and injustice and how we can respond through supporting Caritas Australia's Project Compassion appeal.

THANK
YOU

Let us take time to remember the life and teachings of Saint Oscar Romero. His many lessons include: live a simple life, commit to bringing peace to the world, speak the truth and of course aspire not to have more, but to be more. Some words from what has become known as the Oscar Romero prayer; "We cannot do everything, and there is a sense of liberation in realizing that. This enables us to do something, and to do it very well. It may be incomplete, but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest."



Thank you for supporting Caritas Australia's Project Compassion Campaign. Your generosity will work for the freedom of those living in poverty, challenge unjust structures, and empower people to work for a sustainable way of life.

Please return all Project Compassion boxes and envelopes to the school office by Friday 28 May or donate online via the Caritas website at lent.caritas.org.au

Caitlan Taig

Religious Education Leader

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Victoria School Guides - Catholic Education Guide

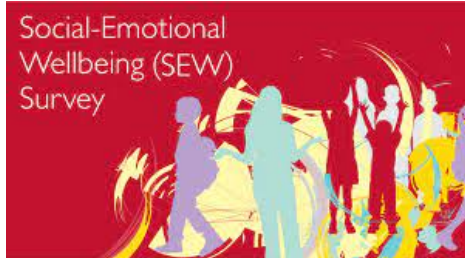
Important information for parents

In 2021 many parents will still need to make decisions regarding their child's education for 2022 and beyond.

To assist in your decision making and as we are environmentally conscious and mindful of being contact free during this current health crisis we have provided below a direct link to the March 2021 edition of the Catholic Education Guide.

CLICK HERE: <https://victoriaschoolguides.starcommunity.com.au/catholic-education/>





Social Emotional Wellbeing (SEW) Survey

At OLA, Grade 2-6 students complete the Social Emotional Wellbeing (SEW) Survey every year in November. We use results from the surveys to:

- Assess the wellbeing of students on an annual basis
- Identify the social and emotional needs of student groups
- Target resourcing to specific areas of need
- Measure the effectiveness of programs with pre-and post-surveys
- Report on wellbeing to parents and the school community.

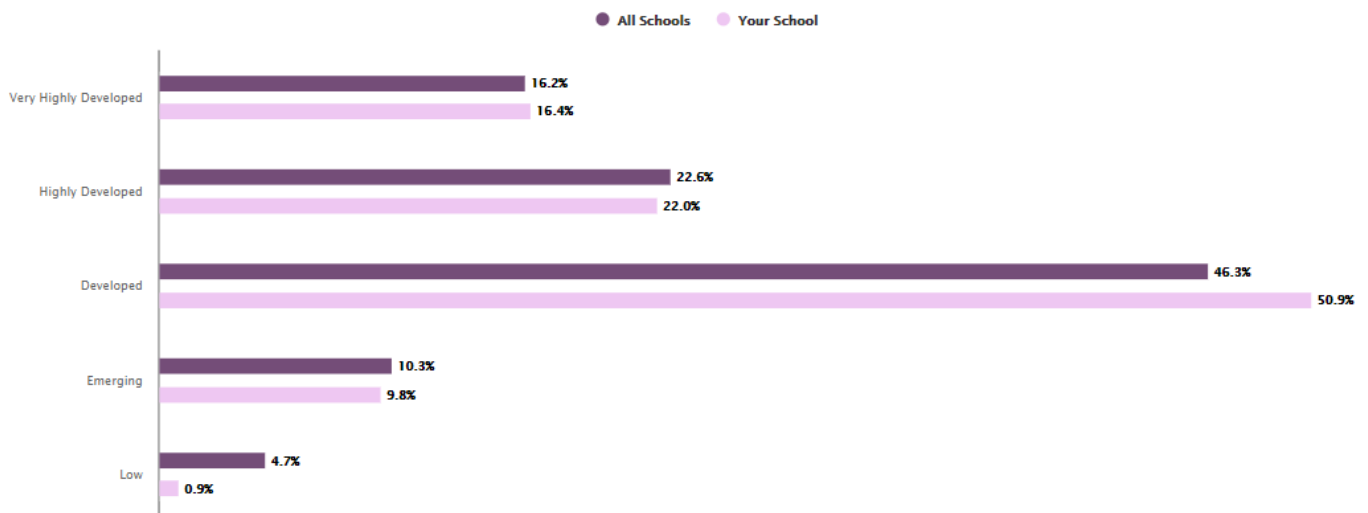
At OLA we value social emotional literacy and provide students with many opportunities to grow in this area and develop a healthy wellbeing. The students are involved in Gratitude, Empathy and Mindfulness (GEM) moments, Make Jesus Real (MJR), Meditation and Learning Curve Wellbeing lessons.

OLA SEW Results

Our school's students are more very highly developed than the overall population surveyed.

Overall social-emotional wellbeing

The overall social-emotional wellbeing report provides a comparison of all students from your school and all schools, as distributed across each of the five developmental levels.

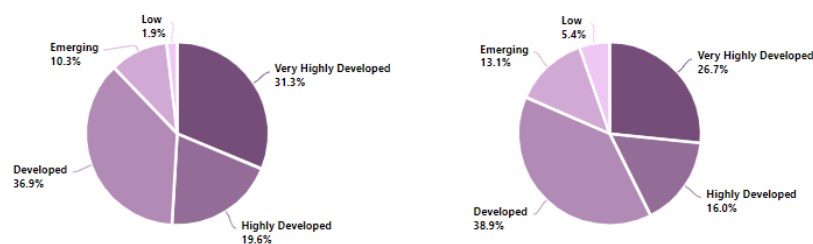




Feelings and Behaviour

This domain focuses on the extent to which young people experience both positive emotions and behaviours (eg happiness, positive self-identity, and gets along with a variety of people) and negative emotions and behaviours (eg anger, stress, rule breaking behaviour).

87.8% of our Grade 2-6 students are developed in this area.



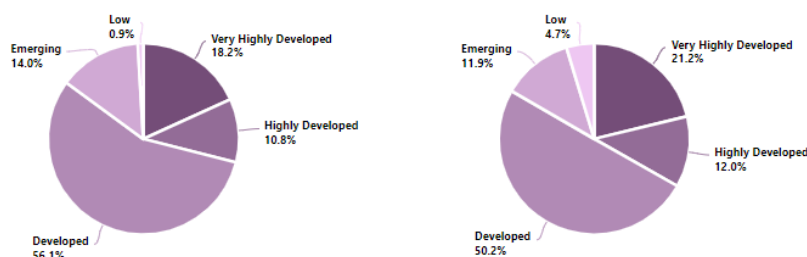
Your School

	No. of students	Percentage
Very Highly Developed	67	31.3
Highly Developed	42	19.6
Developed	79	36.9
Emerging	22	10.3
Low	4	1.9

All Schools

	No. of students	Percentage
Very Highly Developed	4821	26.7
Highly Developed	2890	16.0
Developed	7033	38.9
Emerging	2368	13.1
Low	970	5.4

This domain focuses on students' values, self-awareness and self-management of social, emotional and learning skills. 85% of our Grade 2-6 students are developed in this area.



Your School

	No. of students	Percentage
Very Highly Developed	39	18.2
Highly Developed	23	10.7
Developed	120	56.1
Emerging	30	14.0
Low	2	0.9

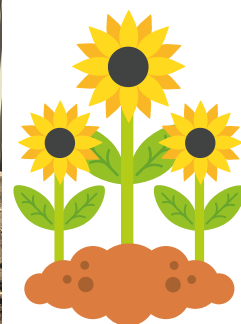
All Schools

	No. of students	Percentage
Very Highly Developed	3833	21.2
Highly Developed	2172	12.0
Developed	9070	50.2
Emerging	2157	11.9
Low	850	4.7

Wellbeing at OLA



Garden Club



INFORM AND EMPOWER



We were fortunate to have Martin McGauran from Inform and Empower work with our community last week, he held Prep - Grade 6 student sessions during the day, staff professional learning after school and then presented to parents with Carley McGauran in the evening. Thank you to those parents who were able to join us. We understand not everyone was able to attend this evening so Inform and Empower have provided all parents the link to access all the materials from last night.

The workshop informed us on:

- Cyberbullying
- Unsafe apps and social media
- Current trends in child/teen online behavior
- Managing devices in the home
- Keeping safe online
- Managing conflict around digital devices
- Keys to parent-child communication
- Balancing screen time
- Where to find helpful information.





At OLA, we encourage our students to have 5 trusted adults, both at home and school, who they can talk to if something doesn't feel right. Kids Help Line is another great support for children who need someone to talk to. Each child will receive a pamphlet for Kids Help Line when we return in Term 2 (www.kidshelpline.com.au or 1800 55 1800).

A video version of "Raising Kids in a Digital World 2021" is available for our community:
<https://youtu.be/Xq-ukCS31dM>

The link to all the slides and resources is found at: www.informandempower.com.au/parents
 Password: informempower

Parent Support group updated dates for 2021

Sometimes Melbourne Archdiocese Catholic School (MACS) personnel or other specialists, for example, Speech Pathologists, Psychologists, Occupational Therapists may be invited to attend a PSG. We ask for your understanding in adhering to the allocated dates each term, as we invest in releasing the appropriate staff. As you can see, these meetings are very important and involve the coordination of a number of staff and a substantial financial and time commitment in order to personalise the learning for your child

Parent Support Meetings 2021	Wellbeing PSGs	Intervention PSGs
Term 1	Friday 26 March	Monday 22 March
	Monday 29 March	Wednesday 24 March
Term 2	Wednesday 16 June	Thursday 17 June
	Monday 21 June	Wednesday 23 June
Term 3	Thursday 9 September	Wednesday 15 September
	Monday 13 September	Thursday 16 September
Term 4	Wednesday 24 November	Thursday 25 November
	Monday 29 November	Thursday 2 December

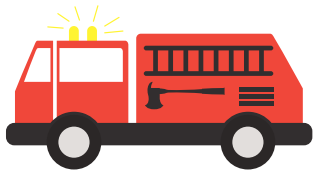


Teaching and Learning



Fire Visit by Paul

The Grade 1/2 students were fortunate to have a visit from Paul Sustek (Angus and Zarah's dad). The children have been learning about community and all the people who help make it safe.



QUOTES



Noah W - He not only puts out fires but also helps people.

Harper - We learnt that firefighters do not just put out fires; they also cut the cars if people are trapped inside and save animals from the fire. They help people.

Kara - when he put the fireman clothes on.

Alex - I really loved his fireman clothing.

Kitty - he taught us not to breathe in smoke.

Dolores - I liked when he dressed up - he looked cool!!

Christian - I liked learning that he has to get dressed in 5 seconds, sometimes in the fire truck.

Willow - I liked that he was brave.

Brigette - I really liked when he got dressed in his uniform.

Max O - I like his fireman suit.

Aaliyah - Firefighters take 90 seconds to stop what they are doing, get dressed in their uniform and leave the station

Jack - There are blue signs on the poles or the road to show us where the fire hydrants are

Robbie - They use a little bit of water for the little fires and a lot of water for the big fires and bushfires

Nathan - They put out bushfires

George - We helped Paul to get dressed into his uniform for protection



Teaching and Learning

Fun activities to do at home during the school holidays

(click the pink to get the link!)



1. Treasure hunt (with clues, hide a favourite toy somewhere in the house)
2. [Make a batch of play dough](#)
3. Tint shaving cream with food colouring, paint the windows or glass doors (or the inside of the shower glass) then rinse it off
4. Go through clothing from previous seasons, try on and cull things that are too small
5. Play dress ups in mum and dad's clothes – do a photoshoot
6. Graffiti the garden fence with chalk
7. Make a small bowl, plate, egg cup or statue from air dry clay
8. Day spa – do a Mani/Pedi/foot soak/face mask
9. Go through old photos and videos, and old craft and paintings
10. Have a Living Room disco – play freeze, musical chairs, have a dance off
11. Go through recipe books together and have a bake off challenge
12. [Do a backyard scavenger hunt](#)
13. Make Origami animals or paper ninja stars
14. Gardening – pull weeds, trim bushes, collect flowers for a vase
15. Make a mud kitchen in the garden, make different coloured rock paint
16. [Practice hammering nails into a plank of wood](#)
17. Organise the books on your shelf into a rainbow of colours
18. String up a sheet tent in the backyard
19. Find three toys to give to charity
20. Using Lego characters or other small toys, make a stop motion movie (download the app Stop Motion to your phone or Ipad)
21. Organise your Lego and then have a building challenge. Who can build the best house, hotel or shop?
22. Write notes of love, compliments or doodles and hide them around the house for family to find
23. Do a [marshmallow toothpick engineering challenge](#)
24. Create a ["God's eye" weaving using sticks and wool](#)
25. [Build a teepee fairy house](#)
26. Try shadow drawing, leaf rubbings, painting bark or stones
27. [Build a bug hotel](#)
28. Try [leaf threading and make a nature chandelier](#)
29. Use a mirror to draw a self portrait
30. Create an [Alfoil river](#) in the garden and float things down it
31. Learn to braid hair
32. Create an obstacle course
33. Build a fort using the couch and every cushion/pillow you can find
34. Thread pasta into jewellery



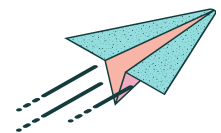
Teaching and Learning

Fun activities to do at home during the school holidays

(click the pink to get the link!)



35. [Make 3D paper rainbows](#)
36. Make your own [bubble blower](#)
37. Put goggles and swimmers on and swim in the bath
38. Go through your board/card games and challenge yourself to play them all. Design your own game
39. Make greeting cards for the stationery cupboard to be used for birthdays and other occasions
40. Paint a family portrait to be framed and hung
41. Choose a picture book each and read aloud to each other in the biggest bed in your house
42. Have a handball tournament
43. Write a short story or poem that includes a dog, an umbrella and some sushi
44. Find 10 different shaped leaves in the garden
45. Create a paper crown for a member of your family and decorate it
46. Make a [paper chain](#) to hang up in the dining room
47. Try the [travelling water](#) experiment
48. Fill a small spray bottle with water and aromatherapy oil and then spray and wipe the house
49. Fold paper and cut out paper snowflakes
50. Make [pom poms out of wool](#)
51. Play drawing games like [Simon Says drawing](#)
52. Put on a puppet show using toys behind the couch
53. Make [DIY rain clouds in a jar](#)
54. Do the [magic milk experiment](#)
55. Create a sensory shaker bottle using an old bottle, glitter and water (and whatever else you'd like to put in there!)
56. Outdoor games like egg and spoon race, tag team races, three legged races, or play stuck in the mud
57. Fold paper planes and see how far they will fly
58. Build the highest block tower you can
59. Learn how to bake bread
60. Make a [Lego zip line](#)
61. Keep a balloon in the air as long as possible
62. Build a house with a deck of cards
63. String up the Christmas lights in your living room
64. Play cinema – make tickets, popcorn, give your guests a rug and watch a movie together
65. Play hotels using your bedrooms as 'hotel rooms' or restaurants by setting up the dining room like a restaurant with menus (or hospitals, vets, banks, etc)
66. Make up a workout and do it together (eg: 25 star jumps, 20 squats, 15 crunches, hop like a bunny around the lounge room, frog leap your partner)
67. Choose an inspirational quote and create a poster for your room

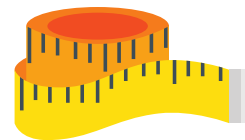
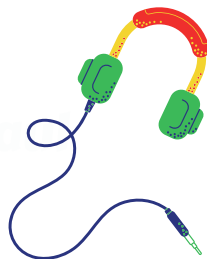


Teaching and Learning

Fun activities to do at home during the school holidays

(click the pink to get the link!)

68. Change the bedsheets and build a sheet city in your bedroom before they get washed!
69. Press flowers within a few heavy books
70. Play the gummy bear game (using dice and 5 gummies each. Roll a 1 you eat one in your pile, a 2 you pass one bear to your left, a 3 you pass to your right, a 4 you keep it, a 5 you eat it, a 6 you keep it – keep playing till the gummies are gone!)
71. Make [sidewalk paint](#)
72. Make a magic potion using aromatherapy oils, glitter, water, petals
73. Take some garden clippings and see which ones you can get to grow roots for replanting
74. Use masking tape to make a race track. Race matchbox cars. Or use the inside of your bathtub as a ramp for racing
75. Listen to a kid's podcast or audio book. Podcast suggestions:
 - Brains On
 - Wow In The World
 - Circle Round
 - Little Green Pod
 - Good Night Stories for Rebel Girls
 - Fierce Girls
 - Story Pirates
 - But Why?
76. With some old clothes, cut and create clothes for your toys
77. Take everyone's height measurement on a door frame
78. Using butchers paper, trace a partner's whole body. Now try to include as many body parts and organs as you can
79. Give someone a back, foot or head massage
80. Try [sharpie tie dye](#) using a sharpie and rubbing alcohol
81. Take some artistic photos in black and white. Play around with filters and see what you can create. You could use a phone or learn how to use the proper camera (if you have one)
82. Water play – buckets, scoopers, whisk, pouring jugs, straws, bubbles!
83. Have a picnic lunch outside. Take books and toys with you
84. Sort through all your crafts and art supplies. See if something inspires you. Organise and sharpen all your pencils and test all your markers
85. Make a [bottle rocket](#)
86. Make [rainbow paper](#)
87. Make a [stained glass window](#) using clear contact & cellophane
88. Make a [marble run](#)
89. Paint a [stick gnome](#)
90. Make a [rainbow stick](#)

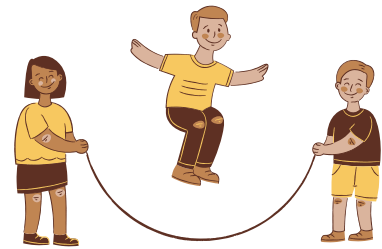


Teaching and Learning

Fun activities to do at home during the school holidays

(click the pink to get the link!)

91. Jump rope – can you get to 100 without stopping?
92. Take apart an old appliance. Can you put it back together?
93. Research your family tree – see how far back you can go
94. Make a time capsule of this time to be opened in 10 years
95. Get swimmers on and wash the car or your bike!
96. Set up camp in the garden and play inside the tent
97. Write a letter to a friend, relative or teacher to mail
98. Lie on a rug in the garden and spot cloud shapes. Make up a story about what you see.
99. Work together to a family emblem, motto or song. Include elements that are important to you and your family
100. Learn to finger knit, french knit or braid wool into friendship bracelets
101. Sketch your dream red carpet look!
102. Try [Michelangelo drawing](#) under the table
103. Make a [pretty lantern](#) using an old jar, tissue paper and glue
104. Make an [infinite paper flipper!](#)
105. Make [frozen dinosaur eggs](#) (or you could use fairies, or Ooshies, etc)
106. Make a [paper cut out family](#).
107. Make a [paper plate whale](#)
108. Try [dying some old plain fabric](#) using natural dyes
109. Do a [chalk photo shoot](#)
110. [Interview](#) the members of your family
111. Make a [popsicle stick catapult](#)
112. Can you [draw or paint with your feet?](#)
113. Do a Yoga class together



Josy Reeder

Learning Diversity/Wellbeing Leader

A banner with colorful pennants (yellow, blue, red, yellow, teal) hanging from a string. The letters 'F E T E' are visible on some of the pennants.

OLA FETE 2021: WE'RE BACK ON

OLA's Parish Fete will be held on Saturday 13 November after being cancelled last year due to the pandemic – and we are so excited to be able to come together, celebrate, and fundraise for our community again.

Planning is well under way, with Claire Melican taking the reigns as the fete Chair, and the theme for 2021 is **Community!**

**WE'VE GOT THRILLING RIDES, AN ABUNDANCE OF STALLS, FOOD, AND
ENDLESS ENTERTAINMENT ON THE CARDS.**



However, with approximately six months to organise the fete, which is no mean feat, it will take the support of our entire community, in some shape or form, to help us make it happen.

If we've learnt anything over the last 12 months, it has to be the importance of community and connection – our fete is such a wonderful opportunity to come together, get involved in our community and help create an amazing event.

HOW YOU CAN HELP:

- An Operoo notice asking for volunteers will be sent out shortly – please keep an eye out and sign up to help in any way you can, no gesture is too small. Grab your mates and organise a stall or bring your passion and creative skills to the day.
- Start putting aside toys, games, and books that are no longer wanted or needed in your household and donate

We will be fundraising between now and November to ensure we can make it happen. If you any suggestions, questions, offers for help – please email fete@olacheltenham.catholic.edu.au

FIRE CARRIER *Fun fact!*

FIRE CARRIER



National Reconciliation Week is approaching



It is 27th May- 3rd June each year as these two dates dates commemorate two significant milestones in the reconciliation journey— the successful 1967 referendum, and the High Court Mabo decision respectively.

National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples.

Reconciliation Australia's theme for 2021, *More than a word. Reconciliation takes action*, urges the reconciliation movement towards braver and more impactful action.

Stayed tuned for our FIRE Carriers to share more about NRW and the beauty of our indigenous history and culture. You may see these beautiful posters around the school to encourage and promote awareness of this significant week.

For further information please see <https://nrw.reconciliation.org.au/>

Fiona Lee & Gen O'Meara

CELEBRATING SENIOR WHOLE LEVEL ACTIVITIES

Interschool Sport Lightning Premiership

Cricket

On the 26th of March OLA's interschool sports teams participated in the Lightning Premiership. The Boys cricket team were in A pool and the girls were in B pool. The boys came 1st and won a pendant for our school and are going to the next level. The Girls cricket team won in B pool, but sadly could not move up. Both teams had a lot of spirit after and during the games. We all had an excellent experience at this year's Lightning Premiership. After each match the girls would celebrate with lollies. We all had a Blast! **Ava, Pia & Zoe 5/6MV**



Volleyball



The boys team were in A pool while the girls team were in B pool. The schools that participated in the event were Kingston Heath, Cheltenham, Cheltenham East, Mentone grammar, Mentone girls Grammar, Heatherton Christian College and Stella Maris. The boys team were against three teams and won all of their matches. The girls team were in B pool against 5 teams winning all their matches and therefore winning B pool. The boys team won a flag and qualified for Division which is in term four and they can't wait. **Oli & Joel 5/6MV**

Teeball

The Lightning Premiership was an exciting day for everyone. Most of us were nervous but others went into the competition more confident than ever. The Boys team had a very successful day winning all their matches. The girls Teeball team also had huge success winning all their games and making it through to the next round. It was a great day overall and everyone went home happy with their effort. **Hamish 5/6MV**



Tennis



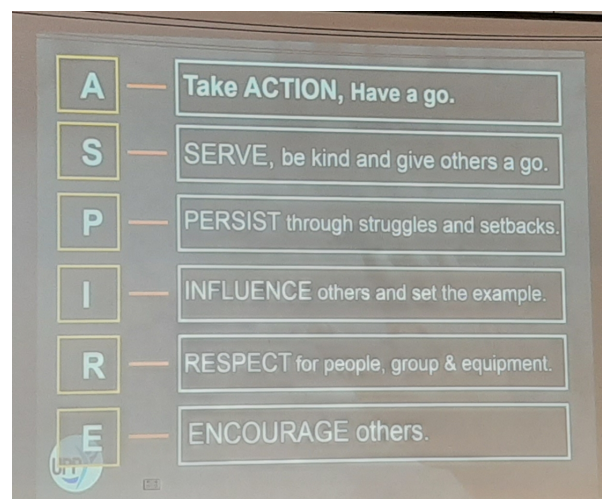
Last week I participated in the tennis Lightning Premiership. When we got there I was so nervous if we were going to win or not. We first played Mentone Girls Grammar in doubles, then we played them in singles. It was great to win, but we all had lots of fun! After that, we had a fruit break and finished the day. **Eleni 5/6MV**

CELEBRATING SENIOR WHOLE LEVEL ACTIVITIES

Grade 6 UPP Incursion- Monday 29th

On Monday, all of the year sixes had an incursion from a company called UPP (Unleash your Personal Potential). We had a blast and learnt about leadership and teamwork. We spent the day in Brigid Hall with Jamie. He taught us that leadership isn't just about the big things. Leadership is in the small everyday things like helping someone up when they fall down. It's about setting a good example for others. There are three types of leaders. Prophet leader, Planner leader and People leader. I've learned that I am a planner leader. I like looking into the finer details in ideas. I also learned that we don't have to make others lose to win. If we work together we will be able to achieve more. I found this incursion to be lots of fun since there were a lot of interactive activities that taught us the meaning of leadership and teamwork. **Amelia 5/6GO**

On Monday we had a fantastic incursion with a company called UPP (Unleashing Personal Potential). We learnt loads of things about leadership. We did a lot of activities with a group of people we wouldn't usually work with. We did really exciting activities that involved working together and trusting each other. Examples- ping pong racing, small volleyball game, marble run, puzzle, cup stacking, rolling a dice, tennis ball on spoon racing, gym ball navigating around the cones without using your hands. Jamie was our presenter from UPP and he helped us throughout the day and taught us a lot about leadership! **Imogen, Steph, Elisha & Sam 6MB**



On Monday the 29th of March all the grade 6's went on a leadership incursion. The incursion took place in our school hall and was hosted by Jamie from an organization called UPP which stands for Unleash your Personal Potential. Jamie taught us about leadership and the qualities leaders have. He taught us about teamwork and how leadership isn't about the big achievements you make, it's about the little things. During the incursion we did a number of activities in partners and in groups. In the groups we had 10 activities to work through, one of the activities was Keep It Up where you had to work as a team to keep a ball up in the air for 25 touches. Jamie also taught us about A.S.P.I.R.E which stands for Action, Serve, Persist, Influence, Respect and Encourage. We had a great time and learnt a lot about leadership and teamwork.

Larasati 5/6GO

On Monday the 29th of March was the grade 6 incursion UPP and it was in the hall at O.L.A Primary School. We all were taught leadership and teamwork skills. The reason why we need to be taught good leadership is so we can be amazing grade 6 leaders for the OLA Primary School community. This happened by the UPP organisation coming to our school, and Jamie coming from the organisation to teach us about leadership. There was also this race we did called the EPIC RACE. It was really fun because we got to do a lot of fun activities and learn new skills. **Elijah 5/6GO**



CELEBRATING SENIOR WHOLE LEVEL ACTIVITIES

Grade 6 UPP Incursion- Monday 29th

On the 29th of March 2021 all of the year 6s met up in the hall for an all day incursion. The incursion was about leadership and working together. The person leading us was Jamie from Unleashing Personal Potential. We did all different activities where we had to work together and they were really fun. My favourite activity was in the middle block, it was called the Epic race. We got put into teams of 8 or 9 and had to complete 10 tasks. My favourite task was either the Ping Pong relay or frisbee cricket. I had a fun day and learned lots of new ideas about Leadership and skills for being a good leader. **Angus 5/6GO**



Monday 29th Grade 5 activity day

We started off by writing adjectives on each other's sheet of paper and there was a spiral on it, we had to go around the room and write something that describes the qualities of the person on their spiral. Then we had lunch and got to play outside. Then we came back in and went with Mrs Danson. We learnt about North, East, South and West. We got a page from the Melways of Melbourne. We had to find the places and streets on the page. Also we did a game called teacher says. The teacher read out a navigation and we had to use our skills to find the location, example North West. Then we went to Mrs Collins class and did the Voyage game which is a game of the First Fleet, which we had studied this term in Inquiry. In our opinion it was a really fun day! **By Freddie and Ollie in 5/6FJ**

Friday 26th Grade 5 Fun Day

On Friday the 26th all the grade 5's came together for a whole day, whilst the grade 6's went to Lightning Premiership. In the morning, we learnt how to play tee-ball outside, which was really fun, after that we ate lunch all together. After lunch we were split into two groups, one with Mrs. Danson to make pretzels with lemonade, flour and salt. We think we both added too much salt on ours! The other group was with Miss Jorgensen, where we made pencil boxes out of recycled cereal boxes. These are a really great organisational tool for our desks. After that we ate our snacks all together. After snack, we had a Lenten Prayer Service. The whole day turned out to be really fun! **Evelyn and Mia, 5/6 GO**

CELEBRATING SENIOR WHOLE LEVEL ACTIVITIES

Our day at Regionals Swimming Carnival

Our day at Regionals was an amazing experience, our first event was the freestyle relay, we were so nervous and excited. Overall we came 2nd, and were super happy about getting on the podium.

Next was Gemma's individual backstroke, she came a close second. After Gemma's race it was Keeley's turn to do her breaststroke, she came third but did really well considering her goggles fell off! The last individual race was Gemma's butterfly, she came second but was happy to get a new PB. All of the individuals did an awesome job.

The last race was our medley relay, it was all our favourite race we swam, we were all doing our best stroke (Emily-backstroke, Keira-freestyle, Keeley-breaststroke, Gemma-butterfly.)

We had an amazing time and were so proud of ourselves for coming second. Overall we had a great time and are so grateful that we got this opportunity.

Keira 5/6FJ, Keeley 5/6NC, Gemma 5/6FJ and Emily 5/6FJ



FROM THE FINANCE OFFICE

Statements of Account

OLA's monthly statements of account have been issued today, 1 April. If you have not received your statement please check your spam/junk mail and then contact the school at the beginning of Term 2.

Please note, families paying by term, that Term 2 fees are due by Friday 30 April.

Wishing you all a happy and safe Easter.

Gabrielle McGee

Finance & Administration Manager



Art 4 School - After School Program



Art 4 School is an interactive after school Visual Arts program for OLA children in all levels P-6 who want to further develop their skills and techniques in art. They will be given the opportunity to use a wide range of media and tools and will explore a range of processes that include drawing, clay, painting, printing, collage, mixed media, textiles and construction.

It will be a 75 minute straight after school which will allow them to spend time with friends and make new friends in a familiar environment.

The goal is to give the children a skill based, fun open-ended art experience in a supportive environment, as well as instil a lifelong appreciation for art.

- Classes will be run in our wonderful Art Room by Samantha Hudson the Visual Arts teacher and will begin in **Term 2 Week 2**. If you are interested in joining ART 4 SCHOOL please email Samantha Hudson at samhudson951@gmail.com
- If any children from last year would like to continue please email Samantha Hudson.
- Classes will be held in the school art room each **Thursday** from 3.15pm-4.30pm (75 mins)
- TERM 1 FOCUS – painting, weaving, clay work and much more!
- Children will come to the art room straight after the dismissal bell with their art smock on.
- Class fees are \$20 a lesson plus a \$20 art materials fees each term.
- Invoices are sent out in the last week of Term for the following term.
- At the end of each lesson Mrs Hudson will take the children to be collected by their parents/guardians
- Art pieces will also be displayed at our Art Show this year.
- Please join the Art 4 School Facebook page for updates and images of the children's art work each week.

For any other information or questions please don't hesitate to email me at samhudson951@gmail.com

OLA Art Show - SAVE THE DATE



'HOME IS WHERE THE ART IS'
OLA ART SHOW 2021



WEDNESDAY 13th October & THURSDAY 14th October.
More information to come!

Samantha Hudson
Visual Art Teacher

Seasonality

Fresh food is all about seasonality. Selecting fruit and vegetables in season can make all the difference in flavour and the amount of nutrients that are stored in the food. When you buy fresh produce according to the season a sense of excitement and anticipation can build. Looking forward to the first cherries or juicy peaches and knowing with those fruits come summer holidays. Make a day of going to the edge of the Yarra Valley to buy fresh orchard apples and pears and lots of other seasonal fruit and vegetable from a family operated Orchard

-Aumann Family Orchard 201 Harris Gully Road, Warrandyte

Fruits and Vegetables to look forward to are:

AUTUMN - figs, mandarins, melons, pears, strawberries, beans, beetroot, corn, eggplant, leeks, spinach, sweet potatoes.

WINTER - apples, pears, kiwifruit, oranges, lemons, parsnips, cauliflower, brussel sprouts, cabbages, carrots.

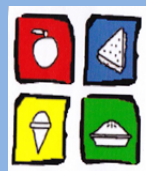
Microwave Strawberry Jam

500g strawberries

2 cups sugar

1/4 cup lemon juice

Rinse and hull Strawberries. Chop them into small pieces. Place them in a large microwave-safe bowl with the lemon juice. Heat on high (100% power) for 3 minutes or until soft. Stir in sugar and cook for a further 20 minutes on high (100% power) checking and stirring at least every 5 minutes and checking if the jam is set. Pour into sterilized jars and seal. Store in the refrigerator.



BAYSIDE CANTEENS

Order Your Lunches Online. No need to find the coins or paperbag to write lunch orders on...it's so easy. Go to www.flexischools.com.au and sign up.

 flexischools

ADDITIONAL NOTICES



ST BEDE'S COLLEGE

**BOOK YOUR TOUR NOW
SEE OUR CAMPUSES IN ACTION**

Mentone Campus Wednesday 19 May
 Wednesday 28 July

Bentleigh East Campus Wednesday 2 June
 Wednesday 11 August

Bookings are essential via our website
www.stbedes.catholic.edu.au



St Bede's
College

Mentone Campus 2 Mentone Parade, Mentone VIC 3194
Bentleigh East Campus 156 Bignell Road, Bentleigh East VIC 3165
P: 03 9582 5999 E: stbedes@stbedes.catholic.edu.au



Kilbreda College

A Kildare Education Ministries School in the Brigidine Tradition



Become a Kilbreda Girl

Our programs are tailored to foster an inclusive, nurturing culture that encourages a sense of pride, purpose and belonging. Join us for one of our regular open events to discover all that Kilbreda can offer your daughter.

Please refer to our website for further details.

Applications for Year 7, 2023 close 20 August 2021

* Based on 2020 VCE results



kilbreda.vic.edu.au

**OLSH COLLEGE
BENTLEIGH**



Join us for Open Morning

Bookings essential www.olsch.vic.edu.au

Limited places for Year 7, 2023



**ST MARY'S
COLLEGE**

**CREATE YOUR
Tomorrow**

STMARYSCOLLEGE.VIC.EDU.AU

ADDITIONAL NOTICES

EVESHAM ROAD KINDERGARTEN



OPEN DAY

SAT 24TH APRIL
10AM - 12PM

75 EVESHAM RD, CHELTENHAM

Come and visit our kindergarten and meet our staff team. 2022 Enrolments open 1st May.



Bob Stewart - Uniform Shop

Bob Stewart Mentone will be closed for the Easter break
(Friday 2nd April - Monday 5th April)
reopening on Tuesday 6th April at 8.30am.

Also, as of Friday 9th April we will be opening on Fridays from 8.30-5pm.

Our new trading hours will be:

Mon - Fri: 8.30am - 5pm
Sat: 9.30am - 12.30pm

BOB STEWART - MENTONE STORE

93 Balcombe Road, Mentone VIC 3194

T: 03 9036 7367 | W: www.bobstewart.com.au



SUPPORT FOR DEAF & HARD OF HEARING STUDENTS

Christie offers tailored capacity-building support for DHH young people, providing 1:1 therapy to develop the skills needed to thrive in and outside of the classroom. As a Teacher of the Deaf, Christie specialises in:

- **Listening skills** - learning to listen through assistive devices
- **Receptive & expressive language skills** - understanding language and concepts, developing vocabulary and improving sentence structure
- **Phonological awareness** - fundamental literacy skills
- **Pragmatic language & social skills** - using language and behaviour to communicate and understand different social situations
- **Articulation** - producing correct speech sounds
- **Self advocacy & independence** - developing the language and skills needed to self-advocate and self-manage assistive devices.

Christie works directly with families, her services can be accessed through the NDIS. Flexible delivery options allow sessions to occur at home or in school, ensuring your child receives expert intervention that works around your circumstances. Find out how Christie can best support your child by arranging a free consultation.

About

Christie is an experienced Teacher of the Deaf, passionate about ensuring DHH young people get the support they need, wherever they are. She holds a Master of Teaching and a Master of Learning Intervention (specialising in deaf education) from the University of Melbourne.



Contact

☎ 0435 909 629

✉ christie@christiewalsh.com.au

🌐 christiewalsh.com.au

📱 @christiewalsh.tod