



Father's Day Prayer

Gracious God,
bless fathers and all father
figures with such love and
faithfulness that children
flourish and grow in
uprightness and joy.
Bless those who long to be
fathers and those whom
this day is difficult.
Amen.



Dear OLA Families,

Spring is here!

May the extra sunshine this week have brought joy and warmth into your households. It has been lovely to see photos of the learning and fun times happening at home. Please continue to send these to your child's classroom teacher.



A Bit of Fun...



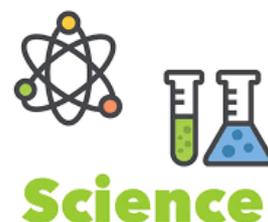
Attention all music lovers!

For a little lockdown fun we are curating a Lockdown Playlist for the OLA Community. Share a good song that you think people need in their lives right now. We will add it to our Spotify Playlist and share it with you soon. Please add song requests (no more than 2 songs per person) to the Google Form linked below by the end of term. Please consider the language and content of the lyrics for our younger listeners.

[Click here for the Google Form](#)

Thank You

Thank you to all our OLA community for your work with remote learning and for your care of each other. We are quickly coming to the end of Term 3 and we are grateful to the staff this week for the precious time that they spent planning for Term 4 as well as preparing and planning for the next couple of weeks too. The focus of Term 4 will be on Physical and Chemical Science. The collaboration we enjoy at OLA shines especially at these times. I would like to thank Caitlan, Josy, Christine and our Level Leaders for their leadership and for the support that they provide to our teams.



Book Week Celebrations

Thank you to our Literacy Leader, Christine Thredgold for organising a memorable week with lots of activities and competitions for us to get involved with which I am sure will increase our love of reading and books. Author and Illustrator Patrick Guest and the live Book Week performance were huge highlights of the week. There is nothing quite like Book Week to get us all excited! Thank you to the many households who got into the spirit of the Online Dress Up Day Parade and thank you for sharing photos with us.



[Click here to watch the video](#)

Thank you also to all staff for getting in the spirit of Book Week and dressing up as Superheroes. This was inspired by the 2021 Book Week theme, 'Old Worlds, New Worlds, Other Worlds'.



Art Show

Thank you to Sam Hudson for all your preparation for the Art Show. We have moved the date from 13 & 14 October to 3 & 4 November to allow some additional time for children to complete their work. We thank Katherine Grima for volunteering to work with Sam in the Art Room and Sarah Arnott for making signage for the Art Show - their creativity is much appreciated. We are looking at videoing the Art Show to showcase to families if you are not able to come onsite for such a special occasion.



Planning 2022

Thank you to our 2021 OLA Consultative Committee for meeting to plan for 2022 and beyond. The conversations are always reflective of community voice - they are honest and supportive. These conversations certainly celebrate what we love about OLA and they also challenge us to provide the best opportunities to support our students' wellbeing and learning. We will also continue to meet with Our Lady of the Assumption School Advisory Council (OSAC) to continue these discussions. Together we are enjoying mapping out an exciting 2022. To ensure effective planning for class structures we do ask families who will not be attending OLA in 2022 and beyond to communicate this with us as soon as possible.



NAPLAN Results - Grade 3 and 5

Schools throughout Victoria gained access to student NAPLAN results on Monday 30th August. We packaged these up and sent them to families in the post on Tuesday 31 August.

The National Assessment Program – Literacy and Numeracy (NAPLAN) results were received from the Victorian Curriculum and Assessment Authority. The NAPLAN tests were administered in May, 2021 to students in Grades 3 and 5. The data received by our school will be incorporated in the compilation of information relating to each child's development. We remind parents that these tests are a 'snapshot' profile of your child's standard of work on a given day, and as such, form only one aspect of our school's Assessment Program.

We are delighted by the outcome of the NAPLAN testing, with positive results especially in the area of Writing.

Covid Restrictions

Even though playgrounds have opened up, certain restrictions remain and as we are not able to ensure these expectations after hours we will continue to have the playgrounds, basketball hoops and outdoor exercise equipment closed for community use. This will see the school gates continue to be locked from around 3.30pm each night of lockdown.

Remote Learning

It has been impressive to see our teachers collaborating and sharing best practice about engaging students online at our weekly Professional Learning Meetings over the last three weeks. We have been reflecting on what is working well and what can be even better and we have shared feedback from the community. In addition to teachers responding to emails and phone calls of support from children and parents, we are proud to now be offering online support 9.00-10.30am and 12.00-1.30pm on Mondays, Tuesdays, Thursdays and Fridays. We also offer a Wellbeing Zoom on Wednesday 9.00-9.30am with a Specialist/Wellbeing Day following. In addition to this we have been working on our feedback to children about their learning and we are proud to be giving warm feedback as well as constructive feedback to our students. Over the last couple of weeks we have been exploring voice recorded feedback so that the children can enjoy hearing the voice and warmth of their teacher. I thank Josy Reeder for creating P-2 and 3-6 Wellbeing Zooms which have seen great attendance and engagement. These Wellbeing Zooms take place on Friday at 11.30 and 1.30pm respectively.

Leadership visit to classes

As mentioned on a number of occasions our children have been outstanding in the manner in which they have been engaging with their teachers and completing work throughout remote learning. Caitlan, Josy and I popped into our online classes during Book Week to say 'hi' and it was great to see the smiles and the positive engagement of all. We again thank all families for your support of your children.

'Screens On' - We do request that when our children are on Zooms with their teachers and/or classmates that screens are always on. This provides the teachers visual access to the children which assists the teacher in gaining feedback on the engagement of each child, enables an easier dialogue and provides an insight into each child's wellbeing. We would ask that families support this request when supervising your children's online learning at home.

'Screen Time' - We are all extra aware that remote learning has increased the amount of time that students are required to be online. One quick tip is that once your child's work is completed for the day and at the end of the week that devices are put away to ensure that children are not using this time to access Youtube etc as well as be looking at a screen for any longer periods of time than they need to.



Prep Applications 2022

Prep applications and enrolment enquiries are always welcome and we are excited to be offering two Prep classes in 2022. As we are not able to have visitors onsite at the moment our next Online School Tour is Monday 11 October at 10.00am.

[2021 School Calendar \(click here for the link to the calendar\)](#)

Key Dates

To be confirmed following the announcement that we can return to school.

Fees

Thank you to all families who are up to date with school fees. This is a reminder to all families who may have fallen behind with payments to please make sure to attend to this as soon as possible. We are aware of the impact on families of COVID lockdowns throughout the past 18 months and encourage parents to make contact with me if you require support with the payment of school fees. You can also request support by writing to feesupport@olacheltenham.catholic.edu.au

Our Prayers & Thoughts

This week we were saddened to hear of the passing of Keith Raymant and Ian Shiels. Keith is the father of Joanne and Chris Raymant. Ian is the father of Rachael Shiels. Our love and prayers go out to Chris and Clair Rayment and their children Luke and Aisla, Joanne Raymant and Matthew Gamble and their children Oliver, Emily and Jess, and Rachael Shiels and her children Anika and Mitchell Gotfredsen. We hope that the many special memories you have of your father, father inlaw and grandfather are of great comfort to you all at this time. We cannot imagine what it would be like with all the added COVID restrictions at a tough time like this.

Happy Father's Day

We are especially thinking of the great men, past and present, who have and continue to positively influence our lives. May Father's Day on Sunday be a special opportunity to celebrate these great men. We hope that the children share their little surprises that they're preparing for you on Sunday! These little moments and heartfelt gifts are of the most precious kind - Enjoy your special day Dad's!



Richard Jacques
Principal

All students attending Our Lady of the Assumption Parish Primary School have the right to feel safe and be safe. The highest possible standard of care, safety and wellbeing of children and young people is a fundamental responsibility of all within our school community.

Religious Dimensions



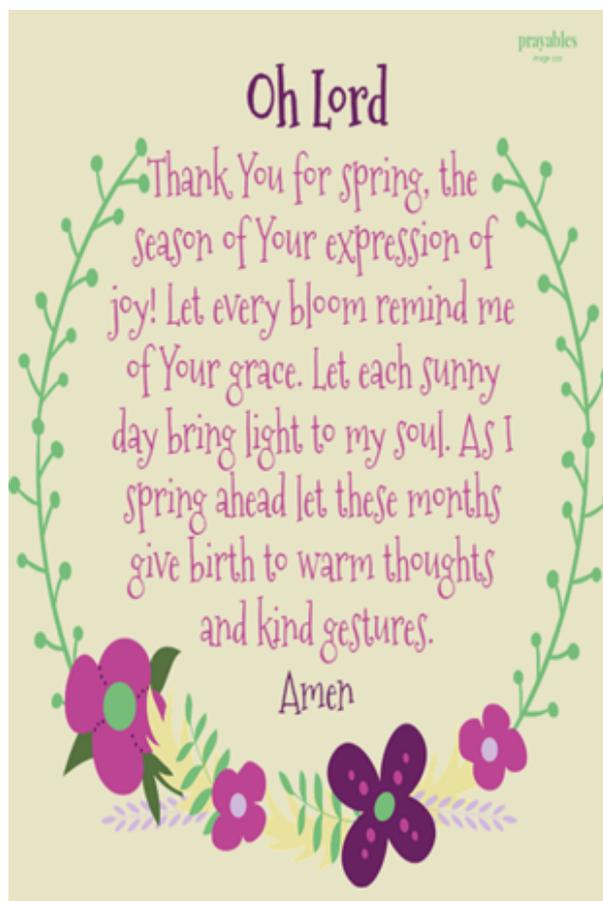
Where have you found God today?

As part of our wellbeing program, we encourage students at the end of each day to talk about what they are grateful for. As a Catholic School, we take time to thank God through prayer for the blessings in our lives.

A simple conversation you could have as a family is – where have you found God today? This might be in a person, in an action, an event, a good news story, nature etc. The creative answers of your children will surely bring a smile to your face!



A prayer for Spring





at



RUOK? DAY



Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

- Leo Buscaglia

Learn when and how to ask ruok.org.au/how-to-ask



SAVE THE DATE

RUOK? DAY

9 September 2021

ruok.org.au



1. Ask



2. Listen



3. Encourage action



4. Check in



Mrs Reeder's Wellbeing Zooms Every Friday



This week the Grade P-2 participated in [Butterfly Body Scan](#). Savannah is focusing on the butterfly to help her be calm and in the moment.

The Grade 3-6 participate in [No Stress Breathe](#) and [Criss Cross Yoga Sauce](#).

Last week the focus was on Body Percussion; this allows us to use our bodies to tame our negative moods and emotions.

[P-2 Body Percussion](#)

[3-6 Dance Monkey Body Percussion](#).



NEPEAN PSYCHOLOGY & COUNSELLING CENTRE - 9585 2645

Children's Services

Appointments offered within 14 days

(Please note urgent appointments will be offered with those clinicians who specialise in the treatment of children's issues)

Children can often experience a range of social, emotional, and academic difficulties throughout childhood. Seeking professional support can assist children learn strategies to help them problem solve, and to improve their sense of self.

At Nepean Psychology and Counselling Centre we work closely with children and their families in a supportive and collaborative way. We are solution focused and aim to teach children and their families., strategies and skills that allow them to reach their full potential.

Children's Services include:

Anxiety	Social Issues
Inattentive Problems	Grief
Family Conflict	Adjustment to family separation
School Refusal	Behavioural Issues
Learning Difficulties	ADHD Assessments
IQ Assessments	Educational Assessments

Our team of 10 clinicians have extensive experience in treating children, adolescents and adults.

Our Team

Monique Rodger - Principal Psychologist	Nadia Ha - Psychologist
Heather Marie - Clinical Psychologist	Akansha Chandra - Psychologist
Dr Giovanna Lajbcygier - Clinical Psychologist	Trisha D'Lima - Psychologist
Laura Clapham - Clinical Psychologist	Andrea Rothschild - Social Worker
Alistair Pitts - Counselling Psychologist	Natalie Cohen - Counsellor

Our clinicians use a wide range of evidence-based treatments and strategies which have been extensively tested in research as effective in treating a range of psychological issues.

Intake Process

Our specialised intake process aims to ensure that you and your child are appropriately matched to one of our clinicians who specialises in the treatment of their presenting symptoms.

- Firstly, our experienced administration team will gather important information during your initial phone call
- Then our Principal Psychologist Monique Rodger will match your child/family to the most appropriate Psychologist/Social worker or Counsellor to help treat your concerns

1/328 Reserve Road, Cheltenham 3192
admin@nepeanpsychology.com.au
www.nepeanpsychology.com.au

Josy Reeder

Learning Diversity/Wellbeing Leader

Teaching and Learning

Celebration of Learning

Bigger, Better, Brighter Performance last week was a hit!

Plot Summary

One day a girl named Marley woke up to discover that 'Something' was missing... And so began a quest that led Marley through destinations that are strange and challenging but often oddly familiar. However, first she had to determine what it was that disappeared from her life that caused such a sense of emptiness.

Fortunately, her story had a narrator to help her. The thing was Marley sometimes had her own ideas as to how the story needed to be told. There were books around which provided clues and directions which was a great help – if you could figure out what they mean. Marley was determined to sort it out no matter where she travels or what she encounters.

One thing is certain - once the 'Something' was recovered, everything will become Bigger, Better, Brighter! It was a delight to join Marley and characters from a selection of The CBCA 2021 Shortlisted Books, as she sought to discover what it is that is missing and how best to recover it.



Book Week Performance quotes from our students

'I liked it, I enjoyed the listening to Ellie's Dragon' - Noah C

'It was cool to hear them call out my name and to answer one of the questions' - Mason G

'It was really good, I liked all the songs in it' – Charlotte C

'I liked how every time they read a book the characters would come alive' – Eden F

'I really liked it because they were always doing the dances, they were really funny dances. My favourite part was when they did the pretzels' – Matteo M



'I like it when they read the books. My favourite book was Strangers from country'– Noah W

'I liked the dancing' - Molly W

'I thought that it was funny and helped us learn to never give up' Mia Mc

'I think it was great! Some parts were really funny' - Olivia W

Teaching and Learning

NAPLAN Results

NAPLAN test results have been mailed to the Year 3 and 5 students who participated in NAPLAN. The results provide information on how students are performing in the areas of literacy and numeracy and support improvements in teaching and learning. The data from NAPLAN test results gives schools and systems the ability to measure their students' achievements against national minimum standards and student performance in other states and territories.

Feedback

Students receive timely and specific feedback daily from their classroom teachers for their work uploads. The feedback includes positive comments on work completed and some suggestions for future tasks. This allows students to be affirmed on what they have done and how they can work on improving this. This gives students purpose and encourages goal setting. Some of our teachers are also trialling a feature called Mote which allows teachers to provide verbal feedback. This is another one of our strategies to support students with their learning.



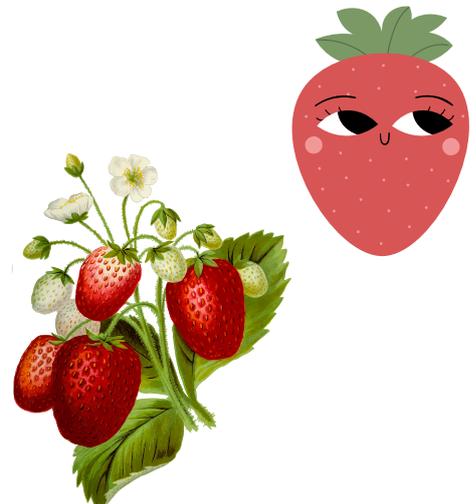
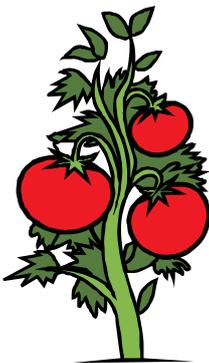
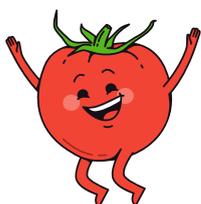
Josy Reeder

Learning and Teaching Leader



Thank you!

A big thank you Cheltenham Manor for donating tomato and strawberry seedlings! We look forward to harvesting some yummy fruit next term with our Gardening Club





FIRE CARRIER *Fun fact!*



Patty Mills: A true Australian role model

At the recent Tokyo Olympics the Australian men's basketball team made history by winning the first medal ever for Australian basketball. Patty Mills, a proud Aboriginal/Torre Strait Islander, led his team to bronze. Also Patty Mills was the first indigenous flag bearer for Australia at these Olympics.

Patty Mills is an inspirational person because not only is he an elite athlete who represents our country, but also he supports and protects his indigenous community.

Two years ago, the main source of water in Patty's childhood community got a disease and people got sick if they drank from the water. Patty heard about this and helped by getting giant water cleaning solar panels to protect his community.

Even at a young age Patty was shooting hoops. His parents decided to make an indigenous basketball team with the help of Dreaming Big. Dreaming Big is an organisation that helps people without as many opportunities as others grow. This was the start of his future career. It helped him progress as a player and also a person.

Whenever Patty returns home from overseas he likes being around his people and telling them that he is still exactly like them. He does this because he believes it is important for our indigenous children to see what they can become. He is a true role model to his community and his country and maybe to even more countries.



Ollie F
on behalf of the Fire Carriers

OLA ART SHOW 2021

The 2021 "Home is where the Art is" Art Show has been postponed to **Wednesday 3rd November & Thursday 4th November.**

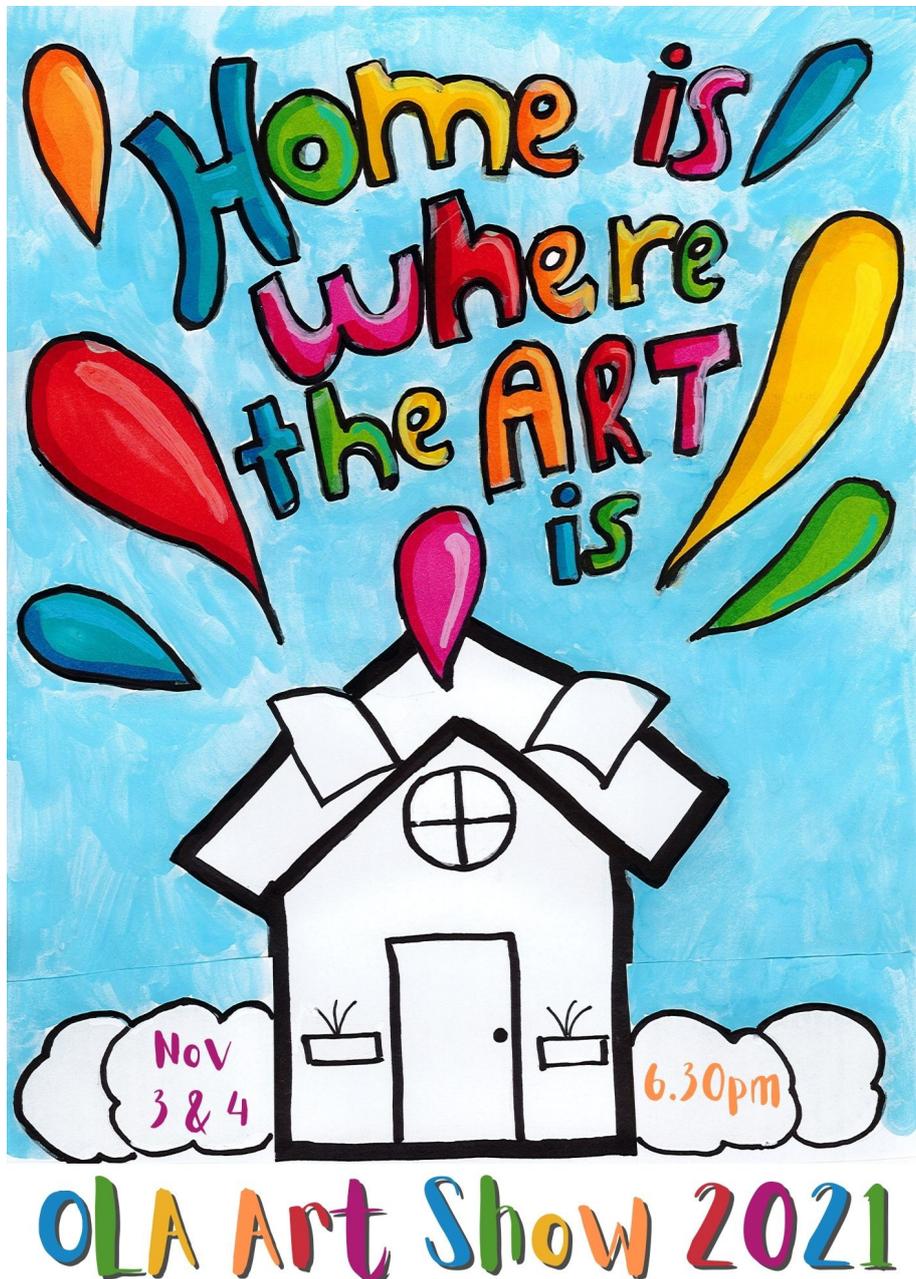


There will be a family art activity sent home next week for all families to work on together so that we can create a whole school collaborative piece for the Art Show.



If the children have created any art pieces at home during remote learning, could these be brought back to school when we are back, so they can also be displayed at the Art Show.

Congratulations to Amelia Bate in Grade 5 for winning the "Home is where the art is" Art Show logo competition. A very bright and creative logo! Well done Amelia!



OLA Art Show 2021

OUR LADY OF THE ASSUMPTION OLA PARISH FETE

27 NOV 21

9AM-4PM

9 CENTRE DANDENONG RD, CHELTENHAM

FOOD, CRAFT & MARKET STALLS RIDES
ANIMAL FARM RAFFLES SILENT AUCTION
FACE PAINTING ENTERTAINMENT PLANTS
SHOW BAGS SPINNING WHEEL

ENQUIRIES: FETE@OLACHELTENHAM.CATHOLIC.EDU.AU

Newsletter



The Show must go on...



WHAT'S BEEN HAPPENING...

A message from OLA OSHClub...

Hello to all of our children and their families! As you all well know the lockdown has been extended once again. There is a lot of uncertainty at this point of when restrictions will be lifted but... The Show Must go on as Mr. Freddy said, so let's see if we can make you smile a little today.

What we've been up to...

During this time, we have introduced quite a few new little projects for the children still attending OSHClub but also for the children at home. We had the launch of our Wellbeing Pack last fortnight, and we really hope this helped you as well as your child to stay motivated.

We also introduced our new digital Daily Journal with the activities that we do on a day-to-day basis, this will help you have a better view of what learning occurs here as well as see pictures of your child engage in activities.

Here is the link and please contact us prior to receive the passcode for this site:

<https://ourladyofassumptio1.wixsite.com/website>

OSHClub Got Talent: In this fun little project we ask that you record a short audition video of your child, performing their talent, it can be singing, dancing, acting or any other talent they may have and submit this to us via email for the finals next week.

COMING TO OLA OSHClub!

My Flat Teacher Adventures: The project will be emailed to you this week, but you can also read the instructions on the next page.

Till we meet next time, stay safe and see you soon

SPECIAL ANNOUNCEMENTS



BOOKINGS:

Any existing bookings for children not attending during this time, they will be marked absent with no charged fees. Contact us if you need help ☺



FACEBOOK LINK:

<https://www.facebook.com/OSHClubChildCare>



Newsletter



COMING UP

9
SEP

R U OK? DAY

How to be a good friend and asking R U OK?

20
SEP

HOLIDAY CARE

Bookings can still be made for our Holiday Care, please rest assured that if restrictions continue during that time, cancellations can be made, free of charge.

TBC

COLIN THE COFFEE CART - TBC

Come join us for a cuppa on us!



AT HOME PROJECTS

MY FLAT TEACHER ADVENTURES

Dear families,

We hope you have been well during this lockdown. We would like to check in this week with another fun project for your children to do at home. In the next few days, you will be receiving a letter via post for our new project "My Flat Teacher". This letter is addressed to all OSHClub students. This is for your child / children to open and read.

The purpose is for them to get involved in this project, to keep them engaged while they are at home and further extend their interests and learning. We have included an introductory letter, laminated cutouts of myself and Michaela as well as a grid with some activities they can do or the child is encouraged to come up with their own ideas.

They need to include the cutouts of myself and Michaela in the activities they do and take a picture with us while they engage in the activity (this can also be during their online learning for school). The pictures need to be submitted either via email: ourladyofassumption@oshclub.com.au or via text message: 0478 100 455. We hope that the children will enjoy this fun project and we can't wait to see what kind of activities or play they will include us to. 😊

Maria & Michaela
OLA OSHClub Educators



RECIPE

Vegan Raspberry & White Choc Muffins

INGREDIANTS: (6SERVES)

- 1 Cup of self-raising flour
- 1/4 Cup + 1 1/2 Tbsp of caster sugar
- 1 Egg or 1 Tsp egg replacer
- 1/2 Cup of milk (soy or other)
- 1/2 Cup of raspberries - a handful more if you like
- 1/3 Cup of white chocolate (soy based)

METHOD:

Preheat oven to 180 degrees fan force.

Line muffin tins with paper cases.

Sift the self-raising flour into a large bowl, add caster sugar and stir together. Then create a well in the middle.

In a separate bowl mix the egg, vegetable oil and milk.

Add the wet ingredients into the well of dry ingredients and mix a little bit.

Then add the raspberries and white chocolate just mix a little making sure not to over mix.

Spoon in batter filling muffin liners 2/3 to the top, bake for 20-25 minutes.

Allow to cool for 10 minutes.

Enjoy!



NOTICE - ALLERGY - No nuts, seeds, chickpeas or kiwi please



Monday 20 September

MASQUERADE PARTY

IN-SERVICE

Who is that behind the sparkly mask? Go incognito and see if you can find your friends at today's fun masquerade party!



Monday 27 September

TRAFFIC LIGHT DISCO

IN-SERVICE

Red light means STOP! Yellow means SLOW! and green means GO! Let's BOOGIE!



Tuesday 21 September

 + \$19.00

DANCE FITNESS

INCURSION - HIP HOP DANCE AND MOVEMENT

Get your groove on today as we explore the world of Hip Hop, Cheerleading and Body Beats.



Tuesday 28 September

 + \$19.00

ALL THINGS SCIENCE

INCURSION - SELF-GUIDED MAGIC OF SCIENCE

Science is understanding our world's real magic. Science is all around you no matter where you are or how closely you are looking, from light refraction to chemical reactions!! Will you become a mad scientist?



Wednesday 22 September

COOKING UP A STORM

IN-SERVICE

A storm is coming... a cooking storm that is. Get creative in the kitchen and cook up some delicious goodies to share with your friends.

It's all fun and games in today's masterchef kitchen: but who can impress the judges?



Wednesday 29 September

CARTOON CREATIONS

IN-SERVICE

Who is your favourite cartoon character? Let your imagination run free as we explore the world of cartoons and cartooning.



Thursday 23 September

 + \$15.00

AFL AND SPORTS CARNIVAL

INCURSION - SELF SUICED SILK PAINTING

Create your own work of art on a preprinted silk canvas that once dry you can hang on your wall.



Thursday 30 September

 + \$24.00

DRAMA INFUSION

INCURSION - ALPHATOONS: WHERE CARTOONING MEETS CREATIVITY

Come on a journey filled with creativity and challenges where you will meet fun characters and we will design wonderful heroes.



Friday 24 September

PUBLIC HOLIDAY

SERVICE CLOSED



Friday 01 October

BACK TO SCHOOL PARTY!

IN-SERVICE

As we prepare to head back to school, let's wind up the school holidays with a party! Food, games and a whole lot of fun!

Back to school doesn't always have to be boring, come have a party with us.



ADDITIONAL NOTICES



ENROLMENTS ARE OPEN

For current Year 5 students who will be attending Year 7 in 2023

CLOSING DATE 20 AUGUST 2021

Applications available on our website:

www.stbedes.catholic.edu.au



St Bede's
College

Contact: Deb Campion
Phone: 9582 5999
Email: enrol@stbedes.catholic.edu.au

Kilbreda College
A Sisters Education Initiative School in the Religious Tradition



Kilbreda College – a top 10 Victorian Catholic secondary school*

Join us at Kilbreda College

When your daughter becomes a Kilbreda girl, she will be recognised and valued by the diverse and unique gifts she brings to the College and encouraged and supported to develop into a confident and articulate young woman.

We offer an extensive transition program for students entering at Year 7 which supports a smooth and enjoyable transition into the College community.

Limited places available at some year levels for 2022. Please contact our College Registrar, Amanda Hurley on 9581 7766 for further information.

* Based on 2020 VCE results



kilbreda.vic.edu.au

OLSH COLLEGE
BENTLEIGH



ST MARY'S
COLLEGE



CREATE YOUR
Tomorrow

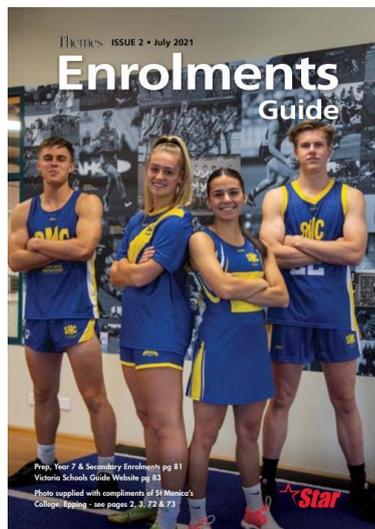
ADDITIONAL NOTICES

Look out for OLA inside this enrolment guide...

In 2021 many parents will still need to make decisions regarding their child's education for 2022 and beyond.

To assist in your decision making and as we are environmentally conscious and mindful of being contact free during this current health crisis we have provided below a direct link to the 2021 edition of the Enrolments Guide.

<https://victoriaschoolguides.starcommunity.com.au/enrolments-guide/>



COMMUNITY SPORTS CAMPS AUSTRALIA

ASC

2-DAY AFL & SOCCER CAMPS

FOOTBALL CAMPS AUSTRALIA

SOCCER CAMPS AUSTRALIA

Community Sports Camps are back this Spring to offer all the fun and skill development that we have delivered in the past. Perfect for kids of all skill level aged 5-12

VENUE

Cheltenham Secondary College,
Cheltenham, VIC

20 & 21 September 2021

1 and 2 Day day options available!
\$130 for 2 Days, \$80 for 1 Day

Call 1300 914 368 or visit
australiansportscamps.com.au
to book or for more information.



connecting & communicating with your young person: parent / carer webinar

headspace National in conjunction with headspace Bentleigh, are presenting a webinar for parents and carers of young people.

Information presented will cover:

- Understanding your young person, and recognising mental health difficulties
- Managing the challenges of parenting young people today
- Having better conversations with your young person
- Connecting your young person with the right help and support

The webinar will consist of a presentation on mental health, with a focus on noticing mental health difficulties in young people and supporting them to open up and communicate with you about their challenges, in order to seek help if needed.

When: Wednesday 15th September at 7:00pm
Where: online via zoom

How do I register?
[Click here](#) to register via Eventbrite, or copy the following URL into your web browser: <https://bit.ly/3kcpaue>

After you have registered you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar. *Please note this webinar will not be recorded.*

All those who register will receive a digital information pack, after the webinar, that includes key messages as well as links to resources & support services.

Contact
For more information email:
programsupport@headspace.org.au